



Spring
2024

The Manitou GIRL



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Troop 8073 put together boxes full of necessary personal items and presents during the holiday season that were donated and distributed to those in need.

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Animal Observer



Animal Habitats



Animal Helpers

Just for Girl Scouts!

In this section, you'll get to hear about all the new and exciting things in Girl Scouting, explore incredible opportunities, and find fun events made just for you.

It's Summer Camp Time!

Camp is going to be a great place of adventure this summer! Registration is open and many of you are probably already signed up for a session or two. You're going to love getting outside this summer. No matter what you are interested in, we have a session for you. You'll make new friends and so many memories. And remember, ALL GIRLS are welcome at camp, so invite your best friend even if she isn't a Girl Scout. This summer's sessions include:

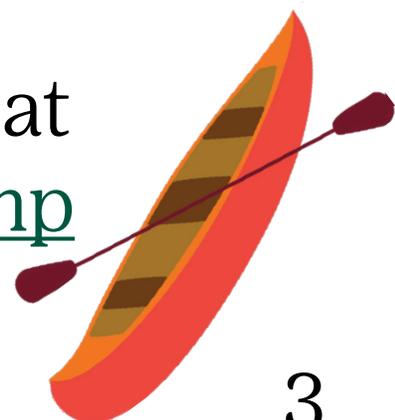
- **Boundary Waters Canoe Trip (Grades 8-12):** This introductory canoe trip focuses on building a foundation in backcountry skills and a connection with the wilderness. Stops along the way will include popular tourist attractions in Steven's Point, Eau Claire, and Superior. The adventure will include seven days of canoeing through the boundary waters and camping along the rivers. Please note: Registration for this session closes on May 5.
- **Bits & Bridles at Camp Manitou (Grades 4-5):** Learn basic horseback riding, grooming, and stable management. We will start from the beginning to build your equestrian skills,

spending at least two hours a day at the stable. You will still have plenty of time to explore all that Camp Manitou has to offer!

- **School's Out:** Get ready for the vacation of a lifetime. Sleep in and soak up the sun. Go on a new adventure each day and have plenty of time to relax. Give laser tag a try. Have an indoor slumber party. Enjoy optional late-night activities. Schools are out and camp is in!
- **Camp Invention Badge Extravaganza (grades 4-8):** Earn and receive your robotics, career exploration, musician, and business creator badges during this week of inventing. Enjoy exciting hands-on STEM and entrepreneurship activities when you tackle new skills while learning the ins and outs of creating your own amazing business.
- **Camp Harriet Potter:** Get ready for a magical week. Get sorted into your house and work together as a team. Get your magical class supplies and magic wand. Play Quidditch and attend charms, transfiguration, divination, and potions classes.
- **Camp Fashionista:** Become a fashion designer! Learn sewing basics and how to design outfits on a budget during a trip to Camp Evelyn's very own pop-up thrift store. Show off your fashion creations during an all-camp fashion show.
- **Wave Makers:** Enjoy all things water! Cool off in the pool, swim and boat at Crystal Lake, and splash in the Mullet River. Design a boat with a team and compete to see which boat will go the farthest distance.
- **Cooking Around the World (Grades 1-7):** Get started on becoming a chef! Learn basic cooking skills like stovetop basics, dicing, and flipping pancakes. Recreate dishes from around the world. Put your skills together to prepare and create a meal to share with your fellow campers.
- **Cooking with Confidence (Grades 6-12):** Take your cooking skills to a new level! Focus on knife skills, classic cooking techniques, working cleanly and safely, and creativity. Make new and tasty creations and prepare a binder of recipes to take home.
- **Pokemon Week: Gotta Catch Them All:** Work as a team on a scavenger quest. Explore camp to locate different Pokemon and add them to your personalized pokedex. Enjoy battles between teams in the form of races, relays, and Pokemon trivia.
- **Create Your Own Fantasy World (Grades 2-12):** Create your own fantasy world and characters through creating maps, designing clothing and costumes, and more!
- **Dollhouse Design Studio:** Design your own dollhouse! Create your blueprint, paint your dollhouse, and design the interior. Get ready to let your imagination run wild!
- **Adventureland: Get Outdoors (Grades 3-12):** Enjoy all things outdoors! Try the ropes course and enjoy Crystal Lake. Hike a segment of the Ice Age Trail. Spend a day exploring Kohler Andrae State Park. Learn outdoor survival skills such as shelter building, water filtration, fire starting, and more! Spend a night in our hammock unit or pitch a tent!
- **Mini Voyagers (Grades 4-6):** Three days of travel and three nights sleeping in a different space each night with pitch tents, hammocks, or your very own shelter. Learn camping basics such as animal-proofing food, starting fires, and pitching tents.



Learn more and register at
bit.ly/GreatGirlScoutCamp



Visit Camp this Spring!



Camp Manitou Open House!

This is your opportunity to see all that Camp Manitou has to offer and get ready for summer camp! Meet some of the camp counselors and enjoy a guided tour of camp. Have fun learning classic camp songs and enjoy s'mores over the campfire. Bring your family or your entire troop and make sure you have plenty of adult supervision. Come and go as you please! Please note: lunch is not provided. Tours will be offered on the hour.

Saturday, May 11th, 9:00 a.m. to 2:00 p.m.
FREE!

Register by May 6



Camp Evelyn Day!

Join us for a fun-filled day! Meet your camp counselors and visit the unit where you will stay at camp. Participate in activities like archery (Brownies and up), swimming in the pool (weather permitting), arts and crafts, and hiking to Crystal Lake. Take a tour of camp and get all your questions answered by one of our counselors. Enjoy s'mores over the campfire. Bring your family or your entire troop! Lunch available for purchase.

Saturday, June 1st, 9:00 a.m. to 2:00 p.m.
\$5 per participant + \$13 for lunch ticket

Register by May 27

Cookie Season Success!



Way to go Girl Scouts on a successful Girl Scout Cookie season! We can't thank you (that means you too, parents!) enough for your can-do attitudes and dedication. You really did "Own Your Magic," thinking of innovative and creative ways to reach potential customers, and working hard to reach your goals. We loved seeing all your photos from cookie booths and cookie donations. Congratulations on another big cookie season, Girl Scouts!





Troop Takeover

Who is ready to take over Girl Scouts of Manitou Council's Instagram? You'll get to post to our stories and feed with your awesome Girl Scout activities and adventures! We can't wait to see your troop in ACTION! If you have any questions, please email: cassie@gsmanitou.org.



More information:

Is your troop doing something UNIQUE, going on an amazing TRAVEL adventure, or having an epic CEREMONY? All these things are the perfect opportunity to give our followers (parents, other Girl Scouts, volunteers, and supporters) an inside look at what Girl Scouting is all about!

Troop takeovers are available to an entire troop or individual Girl Scouts age 13 and over. This is meant to be girl-led and an exciting opportunity for our older girls, not their leaders.

To request a troop takeover, please fill out our interest form at bit.ly/TroopTakeovers.

You will receive your takeover login information, tips & tricks, and FAQ after your request is reviewed and approved.

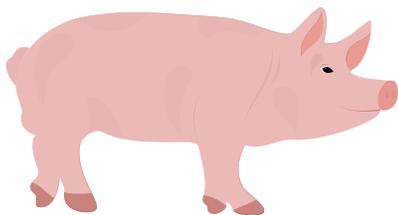


Who Am I?

Inspired by the **Daisy Animal Observer** badge.

How much do you know about your favorite animals? Play this fun guessing game to find out! First, cut apart the images below to make nine cards. Let everyone choose a card and take turns acting like their animal. What noises does the animal make? How does it move? Can everyone guess the animal? Show off your skills!

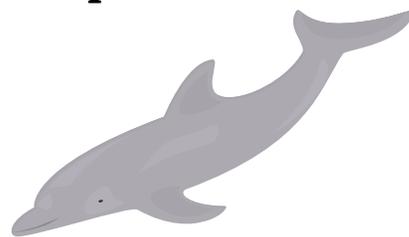
Pig



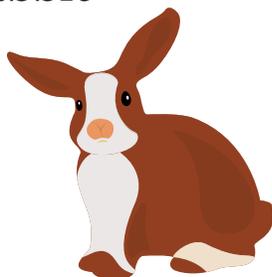
Cat



Dolphin



Rabbit



Frog



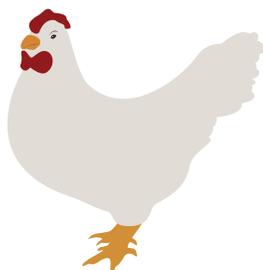
Cow



Polar Bear



Chicken



Giraffe



Congrats! You've completed the first step towards earning your Animal Observer badge. To keep going, head over to the [Girl Scout Shop](#) or to the [Volunteer Toolkit](#) for more of these fun activities!



Draw an Animal Home

Inspired by the **Junior Animal Habitats** badge.

An animal's habitat is its home. Habitats can be very different—think of the difference between a coral reef and a desert, for example, or a rainforest and the North Pole. In their habitats, animals have things like food, shelter, and space to help them survive.



Coral Reef



Desert



Polar



Tropical Rainforest

What is your favorite animal? What is its habitat like? Does it live in a tree, underwater, or somewhere else? What plants and other animals live in the same area? Draw your animal on this page and give it a great home. If you prefer, make a model with materials such as cardboard, string, paper, or anything else.

Congrats! You've completed the first step towards earning your Animal Habitats badge.

To keep going, head over to the [Girl Scout Shop](#) or to the [Volunteer Toolkit](#) for more of these fun activities!



Create an Animal Superpowers Comic

Inspired by the **Cadette Animal Helpers** badge.

Just like people, animals have different abilities that make them unique—and sometimes they use these abilities to help us. Choose one of the animals pictured below. Illustrate a comic strip showing how the animal uses its “superpowers” to help humans!



Cat

Superior balance



Bird

Supersight and flight



Horse

Speed and strength



Dog

Powerful sense of smell

Congrats! You’ve completed the first step towards earning your Animal Helpers badge.

To keep going, head over to the [Girl Scout Shop](#) or to the [Volunteer Toolkit](#) for more of these fun activities!

Check out these girls!

In this section, you'll get to hear and see stories from some pretty inspiring local Girl Scouts who are bridging to the next level, earning Highest Awards, going on trips, and more.

Troop 8246 Brownie Summit

Brownie Troop 8246 from Fond du Lac recently earned their Brownie Journey Summit Pin! The Journey Summit Award Pin is earned by girls who have completed three National Leadership Journeys. This is the highest award a Girl Scout Brownie can earn.

As the Take Action project to one of their Journeys, the troop built and installed a sled shed at a local sledding hill. After noticing that sleds are often forgotten and left all over the property, these Girl Scouts wanted to make a storage shed. First the troop had to meet with the town board to get permission. Next, they designed, constructed, and painted the sled shed. After finishing it, the troop installed it at the local sledding hill, and even donated 12 sleds!

Their final Journey on their Summit quest was the *WOW! Wonders of Water* Journey. They learned about the world of water, its importance, and how it is used around the world. They completed a Take Action project by creating informative posters about saving water. They even created a save water pledge that they not only took themselves, but also encouraged family and friends to take as well.

Way to go Girl Scouts! We can't wait to see what you do next!



MINT TO MAKE IMPACT

MINT TO TAKE ACTION

MINT TO ACHIEVE

Girl Scout Pride

Daisy Troops 8578 and 8342, and Brownie Troop 8189 had a joint meeting to celebrate the Girl Scout Birthday in March! They enjoyed spending time together, having cake, playing Girl Scout trivia and other games, and trading SWAPs.



Go-Getter

Girl Scouts all over the council held successful Girl Scout Cookie Booths this season! We loved seeing all the creative booth designs, goal posters, sales pitches, and skill-building! Featured below is Troop 8385 and Troop 8405. Way to go Girl Scouts for rocking your cookie booths!



Raising Awesome Girls

Raising girls to be happy, healthy, and successful is simpler than ever with help from Girl Scouts. We're proud to stand with parents as they raise up the next generation of girls and young women. We've got everything you need to raise girls with confidence.

7 Ways Summer Camp Brings Out Her Best

Summer is when some of the most fun childhood memories are made, but did you know that it's also an awesome opportunity for your girl to grow, learn, and become her best self? Here are seven amazing benefits your girl will get from her summer camp experience.

1. **She'll Make New Friends.** There's nothing quite like giggling over games in the bunk or singing songs with new besties around a campfire. That's why it's actually good to send her to camp where she might not know many (or any) other girls! Having a diverse group of friends, not just kids she knows from school, will broaden her horizons and help her see her own worth, too.



2. **She'll be all she can be.** In an all-girl environment like Girl Scout summer camp, girls are more comfortable trying new outdoor activities, and they get to take the lead every single time — meaning there's plenty of room at the top for your girl to take charge and flex her muscle, both when it comes to outdoor adventure and crucial leadership skills that will last her a lifetime.



3. **She'll turn off her phone and tune into nature.** Getting out in nature, soaking up the sun, or dashing inside during a sudden downpour is way more exciting than any app she might have on her phone and is all part of the adventure of camp. Unplugging for a while will keep her more present and truly enjoying every moment instead of simply watching it from a screen.



4. **She'll grow her grit.** The truth is, she might scrape a knee or elbow while she's away — and that's a good thing! When she learns to get back up after minor setbacks, like scrapes and bumps, she's building her resilience and learning that she's a lot tougher than she thinks.



5. **She'll meet new mentors.** Having a variety of awesome role models will help your girl see the many ways to be successful and happy in life. And the incredibly supportive staff and counselors at your girl's summer camp are ready to step up to the plate and inspire!



6. **She'll gain independence.** Being away from home — especially if that's a new thing for her! — might be a bit intimidating to both your daughter and you. But having that time away to explore and try activities on her own will make her more self-reliant and able to discover new things to share and teach you when she returns home.



7. **She'll have tons of time for play.** Playtime is anything but a waste of time. In fact, studies show that play allows the neurons in a child's brain to form new connections — and that this rewiring helps boost emotional intelligence, decision-making skills, creativity, and problem-solving abilities.



The truth is, sending your girl off to camp is one of the best gifts you can give her. The fun, outdoor adventure, and friends will enrich her life and — perhaps without her even noticing — give her the courage, people skills, and leadership chops to succeed at whatever she sets her mind to.

Get more Raising Awesome Girls advice at [girlscouts.org](https://www.girlscouts.org)!



A Worldwide Sisterhood

In this section, you'll hear from some pretty incredible Girl Scout alums and discover how Girl Scouts changed their lives. You'll see all that you can be and achieve, and maybe even get ideas and inspiration for your own future.

Pivoting in the Face of Change

Girl Scout alum and travel industry veteran Michelle Fee, the CEO of Cruise Planners, has had a career she never could have imagined in her 20s. The travel industry in the early 80s when she began working was a very different place than it is today.



“Forty-two years ago, there was no internet, and people had to walk into the agency in order to get airline tickets and vacation information. It was a whole different world,” she explains of growing her first business, Friendship Travel, in the early days.

“Then, in 1994, we realized we were starting to become a dinosaur. Over the next couple of years, we realized the internet was going to take over a big part of our business and we needed to reinvent ourselves,” Michelle says. “So, we changed our business into a home-based travel agency, before people even had computers in their homes.”

It was then, in 1994, that Michelle launched Cruise Planners with two fellow industry veterans, who have since retired.

“At the beginning,” she adds, “We weren’t business savvy enough to think this big. But we got up every day and just tried to figure out how to grow our business. We were a little company back then, and I didn’t envision what we would become today. I thought if we had 100 agents that would be success!”



Today, Cruise Planners is the largest home-based travel-franchise company in the nation, with more than 2,500 franchise owners and locations in all 50 states.

“People thought at the time that travel agents would eventually go away but we’re just doing business differently. There used to be a travel agency in every strip center, but you’d be hard-pressed to find one now.”

While switching to a business with a different model was a big pivot, Michelle says she makes smaller pivots regularly.



“Not everything works —you make some right decisions and some wrong decisions. You can’t run a business thinking every decision you make is going to be right,” she says. “But failures help you grow.”

See more powerful Girl Scout alum stories at [girlscouts.org](https://www.girlscouts.org)!

GO, GiRL, GO!

STEM Spot: DIY Mini Greenhouses

Greenhouses can be a helpful place to grow young green plants as part of a backyard garden or farm. The right amount of water, sunlight, and temperature means people can grow young or out-of-season plants even when it is excessively cold.

Source: Little Bins Little Hands.

Materials Needed:

- Clear 2-Liter recycled plastic bottles
- X-acto knife or sharp scissors
- Plastic wrap
- Rubber band
- Soil
- Seeds
- Spray bottle with water
- Plastic tray (optional)

Follow These Steps:

1. Remove the label and clean your plastic bottle!
2. Using the x-acto knife or sharp scissors (have adult supervision or help!), discard the middle part of the plastic bottle. Cut a few drain holes using a knife on the bottom of the bottle. You'll want the top half of the bottle to fit just enough into the bottom portion to create the greenhouse.
3. Fill the bottom portion of the bottle with soil. Poke 1 to 3 holes into the soil for the seeds. Place a seed in each hole and cover. Use the spray bottle to moisten the soil enough with water.
4. Cover the top portion of the bottle with a piece of plastic wrap and secure it with a rubber band. Place the lid on top of the bottom portion of the greenhouse.
5. Set the mini greenhouse near a window sill with good sunshine. Use a tray underneath if desired.
6. Observe for a few days! Start a seed diary, record daily observations, and draw pictures of what you see. After a few days, you may see the seeds germinating. You may also be able to see the roots as they grow. Once your seedlings get big enough, you can transfer them to a bigger pot or garden outside.



How Does a Greenhouse Work?

A greenhouse works by having many clear walls allowing sunlight to enter and warm up the air inside. The air can stay warmer for longer than it would outside the greenhouse, even as the outside air cools down at night.

Building a mini greenhouse from a plastic bottle works in much the same way. The covering on the top of the bottle keeps the warm air from escaping even if the temperature around the bottle cools.

Condensation forms inside the bottle due to the warm air and moist conditions. The drops of water that form on the plastic will water the plant so that it will grow!

Craft Craze: Funny Faces Plant Jars

Add some fun in your house with these DIY painted plant jars. Let your creativity and imagination run wild as you create self-portraits, members of your family, or just all around goofy paintings.

Source: Hello Wonderful.

Materials Needed:

- White spray paint
- Old glass jars
- Paint markers
- Soil
- Small plants



Activity:

1. In a well ventilated area (or outside), spray paint your jars white. This may take multiple coats.
2. Practice your face designs on regular paper before deciding on which designs you want to use on your planters.
3. Use your paint markers to draw on the funny faces. Allow to dry completely.
4. Once your jars have dried, the planting fun begins. Add soil to your jar and plant whichever plants you chose.
5. Once you have potted the plants, add some water and enjoy your cheerful funny face pots!

Tasty Treats: Trefoil Cheesecake Cup



Trefoils® Cheesecake Cup

Ready in 30 minutes
Makes 8 servings

What you need

Ingredients

1 box Trefoils® cookies
Instant cheesecake pudding mix
(check box for extra ingredients)
12 oz. softened cream cheese
Sliced strawberries for garnish
Chocolate syrup

Equipment

Mixing bowl
Baking spatula
Large glass serving cup

Directions

1. Prepare cheesecake base:

Mix softened cream cheese and cheesecake pudding in a large mixing bowl until smooth.

2. Assemble layers in glass serving cup:

Crush half box of Trefoils. Layer crushed cookies and cheesecake base in a cup and repeat layering of ingredients.

3. Garnish and serve:

Garnish with sliced strawberries (or your favorite berries) and 2 full Trefoil cookies. Drizzle with chocolate syrup and enjoy!

Just For Fun: Camp Catalog Scavenger Hunt



1. How many pictures are there from the front cover to the back cover?
2. How much do most three-night sessions cost?
3. What grade do you need to be in to attend the Create Your Own Fantasy World session?
4. What icon highlights sessions with special grade requirements or cost?
5. What is the name of the session where you get to participate in the boat regatta?
6. At what session do you get to learn sewing basics, design outfits on a budget, and participate in a fashion show?
7. What is the theme for the special session where you can bring your favorite adult?
8. What are the dates for Mini Voyagers?
9. At what session will you get to create jewelry and build a marble roller coaster?
10. What are the names of the two horseback riding sessions?
11. How many total day camp sessions are available at both camps?
12. What grades can attend most five-night sessions?
13. How many items are in this year's camp care package?
14. What are the three varieties of camp fun?
15. What are kapers?
16. On what page would you find information about the Counselor-in-Training program?
17. How many quotes from campers appear in the camp catalog?
18. How many overnight sessions does Camp Evelyn have?
19. What are the names of the buildings you might call home at Camp Manitou?
20. How do you register for summer camp?



Answer Key: 1) 55. 2) \$330. 3) Grade 5, 6, 7, 8, 9, 10, 11, or 12. 4) A star. 5) Wave Makers. 6) Camp Fashionista. 7) Scrapbooking Retreat. 8) August 11-16. 9) Tinkering Around day camp. 10) Horsing Around & Bits and Brides. 11) 20. 12) Girls entering grades 2-12. 13) 6. 14) All-camp action, unit unity, and individual adventures. 15) Chores. 16) On page 11. 17) 3. 18) 18. 19) The Cedars and Pine Troop House. 20) Online at bit.ly/GreatGirlScoutCamp.