

²⁰²¹ The Manitou GIRL

September



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On the cover...

A Girl Scout from Troop 8685 stocking a Little Free Library they installed in the Pollinator Garden they created for their Silver Award!



Just for Girl Scouts!

In this section, you'll get to hear about all the new and exciting things in Girl Scouting, explore incredible opportunities, and find fun events made just for you.

New Girl Scout badges are here!

The newest class of badges take on even more topics that you and your family cares about, like getting outside, using technology to run your cookie business, and growing digital leadership skills to make the world a better place. Meet the new badges:

Math in Nature (Daisies through Juniors): After a year of learning inside, it's time to get outdoors! The new Math in Nature badges build on one another as you learn about shapes, numbers, and design in nature. You'll plan a hiking adventure, create trail maps,

and design a bird feeder - all while learning math concepts and how to apply them outside the classroom.

Cookie Business (Daisies through Ambassadors): With more and more people shopping online, you'll learn to think beyond the storefront and meet your cookie customers where they are through the *Digital Cookie* platform. The new Cookie Business badges are packed with activities to support every girl as you work collaboratively, set goals for yourself, and finesse your digital marketing campaigns. Girl Scouts of all ages will be ready to take their cookie business to the next level!

Digital Leadership (Daisies through Ambassadors): Technology can help you empower yourself and others - and by earning Digital Leadership badges, Girl Scouts of every age can do just that! You'll learn about digital literacy and wellness and use what you've learned to raise awareness on a topic or cause you care about. These future-forward badges will support you in using technology to connect with others and create a digital product that makes a positive impact and inspires others to action.



Girl Scout Destinations



Girl Scout Destinations are the ultimate adventure for individual Cadette, Senior, and Ambassador Girl Scouts! Make friends from all over the country as you travel with Girl Scouts from different states. There's a unique, life-changing experience for every girl.

After more than a year of staying home, you'll definitely want to experience a <u>Girl Scout Destination</u>! You can apply now for 2022 and 2023 Destinations.

Here are just a few of the amazing options available:

- Wildlife, Geysers & Mountains: A National Park Adventure
- Expedition Australia and New Zealand
- The Ultimate Harry Potter Experience
- Colorado Equitrekking
- Discovering Careers in Animal Science
- Broadway Bound, NYC, Time Square, and

Beyond!

- Cuisine & Culture in Northern Italy
- Hiking the Swiss Alps
- Charting the Galapagos Islands
- Rainforest, River & Reef
- Bio-medical Engineering Immersion
- Sea Turtle, Service & Scuba Adventure



Troop Takover

Who is ready to take over Girl Scouts of Manitou Council's Instagram? You'll get to post to our stories and feed with your awesome Girl Scout activities and adventures! We can't wait to see your troop in ACTION! If you have any questions, please email: <u>cassie@gsmanitou.org</u>.



More information:

Is your troop doing something UNIQUE, going on an amazing TRAVEL adventure, or having an epic CEREMONY? All these things are the perfect opportunity to give our followers (parents, other Girl Scouts, volunteers, and supporters) an inside look at what Girl Scouting is all about!

Troop takeovers are available to an entire troop or individual Girl Scouts, ages 13 and over. This is meant to be girl-led and an exciting opportunity for our older girls, not their leaders.

To request a troop takeover, please fill out our interest form at <u>bit.ly/TroopTakeovers</u>.

You will receive your takeover login information, tips & tricks, and FAQ after your request is reviewed and approved.

Girl Scout Tree Promise



Girl Scouts is joining forces with the Elliot Wildlife Values Project and American Forests to launch a bold tree-planting initiative. We're setting out to plant, protect, or honor 5 million trees across the country in five years. Not only is this great for wildlife, but it'll help erase the effects of climate change. All Girl Scouts can get involved and unlock the Girl Scout Tree Promise patch!

Get started by <u>learning more</u>. If you or your troop are getting involved and plant trees, make sure to fill out the <u>Tree Tracker</u>. That's how we will keep track of how many trees Girl Scouts around the country have planted, and how you'll be able to get your special patch.

Get Set for Cookie Season 2022

There's a new Girl Scout Cookie in town! **Introducing Adventurefuls!** An indulgent brownie-inspired cookie with caramel-flavored creme and a hint of sea salt. Your customers are going to love it!

- Conte

Introducing this year's mascot! You voted, we listened! Everyone say hello to the newest mascot for the 2022 cookie season, the **koala**. Thank you to everyone who voted!



It's going to be a cookie season full of adventure, and we can't wait!

Girl Scout Aviation Day Event



The Wisconsin Ninety Nines, an international organization of licensed women pilots, are back with an epic in-person Aviation Day for Manitou Council Girl Scouts this year! This day is always a big success, featuring pilots and professionals in different areas of aviation, hands-on activities and presentations, and seeing different types of aircrafts up close. This is a totally "unmanned" experience, as all presenters are qualified women in the field of aviation! Mark your calendars for **October 30 at the Manitowoc County Airport**. Aviation Day is for Girl Scout **Juniors through Ambassadors**. The cost to attend is **\$10** per Girl Scout. Learn more and register today!

*Any actual flight opportunities any time around this event are not Girl Scout activities.

Juliette Gordon Low Celebration



Come celebrate Juliette Gordon Low's birthday at Camp Evelyn! Enjoy painting a pumpkin, hot apple cider, and s'mores by the fireside. You'll get to design a special birthday bag which will be donated to girls in need in our community. We'll go on a special lantern walk through camp where you will learn about the history of our Girl Scout founder, Juliette Gordon Low, and participate in some of her favorite activities. You'll also get to sample a few of her favorite treats along the way. Costumes are welcome! You can come with your troop or with your family.

October 30th from 3:30-9:00 p.m. Camp Evelyn \$10 per Girl Scout <u>Register today!</u>

Ice Age Trail Challenge

Are you and your troop ready for a challenge? Join the Ice Age Trail Alliance's Mammoth Hike Challenge this October. Hike 41 miles anywhere along the Ice Age National Scenic Trail and visit Ice Age Trail Communities to earn a commemorative patch and completion certificate. You may hike, walk, run or backpack - whatever suits your lifestyle - and log your miles over days, weeks, or one big adventure. You have the entire month of October to do it! The 41 miles is cumulative. Teams can add their mileage together to reach the 41 miles. This is a completely free challenge. Learn more & register - you'll get a ton of awesome resources!

Summer Camp Wrap-Up

Our Camp Director, camp counselors and staff, and all of us here at Manitou Council want to thank all of you who came to Camp Evelyn and Camp Manitou this summer! We want to give an extra special thanks to you all for making sure this summer was as safe as it was fun. Camp was a place of adventure, friendship, and the great outdoors. We're already hard at work planning for next summer, and can't wait to see you all soon! Here's just a few of our favorite memories:



Check out these girls!

In this section, you'll get to hear and see stories from some pretty inspiring local Girl Scouts who are bridging to the next level, earning Highest Awards, going on trips, and more.

Gold Award Girl Scout Paige

Runners often enjoy the open road, and Girl Scout Paige from Sheboygan Falls aimed to educate students about how to be safe when out running.



No matter where you are running, being aware of your surroundings is always important. Safety should be a number one priority. Paige is a runner herself and always tries to follow the rules of the road to keep herself safe. Visibility plays a key part so that drivers can always see a runner. This inspired Paige to dedicate her Gold Award Project to helping her high school's cross country and distance track teams.

Paige made two goals. One was to provide safety running vests for the cross country and distance track teams. As one of these athletes herself, she knows running off school grounds for practice is a regular occurrence.

Wearing safety vests would help make athletes more visible to drivers while practicing.

In order to earn money for the running safety vests, Paige coordinated a "Gold Award Garage Sale" where family and friends donated items to sell. Her fellow troop members helped her staff the sale. During the sale, Paige also educated her customers about her Gold Award project and goals. In the end, Paige was able to earn enough funds to supply forty-five running vests with the school district logo proudly displayed on the front to Sheboygan Falls High School.



"The safety running vests are great! Many of my teammates have said that they love them and the vests make them feel more visible and part of a team when we are out running together," said Paige. "I was excited that I was able to get so many vests because we will have plenty to use for years to come."

Paige's second goal was to educate student athletes about runner safety. It is always possible to encounter a distracted driver, a loose pet, or unexpected weather. Knowing what to do in these



situations or how to react is important. To accomplish this, Paige researched runner safety rules and laws and created a safety presentation and safety video. She focused on the rules of the road and trail, distractions, safety gear, and do's and don'ts while running. In the end, she was able to share this presentation with her cross country team and ten other area high schools. You can even <u>watch her video</u> yourself to you stay safe when running (or walking) outdoors.

"I hope my project will help athletes in the area and set an

example not only for them but all runners to be safe while exercising," said Paige. "I am proud that I was able to accomplish all my goals. It was definitely a lot of hard work and creative thinking but I am very happy with my final results!"



Silver Award Girl Scouts

It's time to give a special shout-out and congratulations to Girl Scouts in Troop 8420 who recently earned their Silver Award! Becoming a Silver Award Girl Scout is an incredible accomplishment that deserves some special recognition. Let's hear about Troop 8420 and what they did to earn their Silver Award:



After much brainstorming, Troop 8420 decided they wanted to make a difference in the lives of babies (and their families) in NICUs. To do this, they wanted to make baskets full of items to support the whole family while their baby is in the NICU. They made a list of what items should be included. They earned money through a rummage sale in order to purchase items. They further worked with Kwik Trip to secure donations of gift cards to be included in the baskets as well. In total, they made 12 baskets - six girlthemed and six boy-themed - and donated them to two different NICU departments. Further, they made

a video with facts about premature babies and how people can help support families that are facing this situation.

Did you or your troop recently earn your Silver Award? We want to know about it! Have your parent or troop leader fill out the <u>Silver Award report</u> and submit your photos.



Bronze Award Girl Scouts

It's time to give a special shout-out and congratulations to those troops who recently earned their Bronze Awards! Becoming Bronze Award Girl Scouts is no easy feat for Girl Scout Juniors. They choose an issue they care about and take action to make a lasting impact. Let's hear about recent Manitou Council Bronze Award Girl Scouts! If your troop also became Bronze Award Girl Scouts this year, we want to know about it! Have your parent or troop leader fill out the Bronze Award Report and submit your photos.



Troop 8225 made a project board on the migration and life cycle of monarch butterflies and how people can help save their habitats. They presented this information to younger students at their school. They finished out their project by creating a garden at their school with plants to attract butterflies and other pollinators.



Troop 8126 built a Little Free Library at a local park. They researched different blueprints and learned about materials that would hold up well in Wisconsin's weather. They gained permission from their city to install the library. Local building companies sponsored this project through donations. These Juniors then built and painted the library. After installation, they added final decorative touches and stocked the library.



Bridging

Congratulations to those troops who bridged this spring and summer or who will be bridging in the next few weeks! If your troop bridged, have your parent or troop leader share any photos with us by emailing <u>cassie@gsmanitou.org</u>.



Elkhart Lake / Glenbeulah community bridging ceremony



Troop 8098 bridged from Ambassadors to adults! Congratulations and we wish you the best of luck!

Travel Adventures

For those troops who are fully vaccinated, travel is a possibility, and we had some troops go on pretty amazing adventures this summer. Let's check it out:

Troop 8603 - Savannah:

While in Savannah, Georgia, Troop 8603 visited some pretty incredible sites: Juliette Gordon Low birthplace, Telfair Square, Juliette Gordon Low gravesite at the Laurel North Cemetary, Girl Scouts First Headquarters, Forsyth Park, St. John's Cathedral Church, Riverfront Plaza, Coligny Beach Park at Hilton Head Island in South Carolina, and Tybee Island. They had adventures like shopping, exploring downtown, escape room, dinner and a sunset boat cruise, learning how salt water taffy is made, getting up close with wildlife, and an etiquette dinner.







Troop 8288 - Cross Country Road Trip: They started in Fond du Lac and ended up in St. Augustine, Florida. Some of the highlights included: Mammoth Caves in Kentucky, Trail of Tears monument and Lincoln's tomb in Illinois, mountains in Tennessee, and the historical district in St. Augustine, Florida. These adventurous Girl Scouts tent camped the entire time. They camped in Illinois, Georgia, Tennessee, and Florida during their travels and visited places in seven different states. They even had to stop many times for armadillo crossing in the south.



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Troop 8158 - Shipshewana, Indiana:

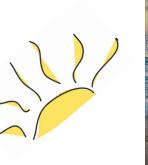
These Girl Scouts headed to Indiana to learn about the Amish culture. The troop was able to have an Amish meal in an Amish home, go on a buggy ride, explore a quilt festival, see a horse auction, visit a one-room Amish school house, and make new Amish friends and penpals. They also visited a leather shop to see how baskets are made. They also held true to the Girl Scout Promise, "to serve God and my Country," by bringing back pocket crosses for local hospital patients. *Photos on bottom of previous page.

Troop 8098 - Hawaii:

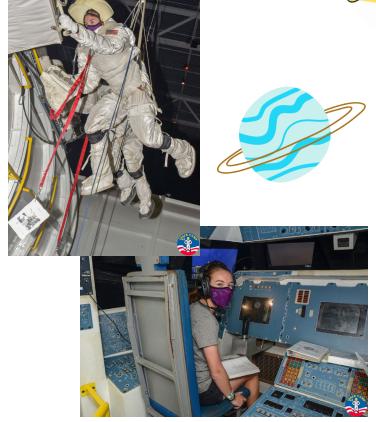
This Ambassador troop had been working towards a final Girl Scout trip for years and succeeded in their goals to make a trip to Hawaii a reality. They stayed in Waikiki on Oahu. While on their trip, they were able to have amazing adventures like: hiking, visiting historical sites, enjoying tasty local treats, swimming in the ocean, surfing, snorkeling, experiencing sea turtles and fish up close, attending a luau, going on a catamaran boat ride. They were able to meet Girl Scouts from all over the country on this trip.











Paige + Kyleigh - Space Camp in Huntsville, Alabama

These two Girl Scouts from Sheboygan Falls were able to attend Advanced Space Academy in Huntsville, Alabama as part of a Girl Scout Destination. This was an amazing opportunity and life changing experience for these girls. They learned a lot from the simulated missions and STEM activities. Some of their favorite activities included simulating microgravity with SCUBA diving and going on simulated space missions. They made a lot of new friends and appreciated getting to experience this together. It was awesome

how their cohort bonded throughout the week with all the team building activities.

Girl Scout Pride

Go-Getter



Manitou Council Girl Scout Charlotte was asked to select an influential person to write and present about for her school's virtual wax museum. She chose the Girl Scout founder, Juliette Gordon Low! She did such a great job of researching, writing, memorizing, and presenting everything she learned about Juliette Gordon Low and she totally looked the part! Great job Charlotte - Juliette Gordon Low would be so proud of you!



Girl Scout Aybree is making a difference on her own, in addition to her troop! She toured the Dodge County Humane Society to make a donation for the animals and learn all about what the humane society does. She also wanted to find out how she can volunteer and help make a difference. A few weeks later, she went on a tour with the fire department chief and paramedics to learn all about how these departments handle emergencies. Great job Aybree!

High School Graduates!

We want to give a special congratulations to all our Ambassador Girl Scouts who graduated high school this year! We can't wait to see what your futures hold. Troop 8098 from Grafton graduated and is on to even bigger and better things, we just know it! Check out their future plans in the below photo. Don't forget: once a Girl Scout, always a Girl Scout!





Girls of Courage, Confidence, and Character

In this section, you'll become inspired by Girl Scouts from around the country.

Making Math Fun for Kids



Last year at the height of the pandemic, Gold Award Girl Scout Gabrielle, a high school freshman in Georgia, heard that kids at a middle school in a neighboring community were struggling to keep up in math during their newly remote lessons.

Gabrielle already had a relationship with the school's principal, which began when Gabrielle reached out to donate school supplies to the under-resourced school in lieu of receiving presents for her 10th birthday. Every year for the next four years she continued to donate.

When the pandemic hit, the principal, familiar with Gabrielle's interest in math, reached out to her.

"She was concerned about students' math proficiency," Gabrielle says. "[Scores] were at an all-time high before the pandemic, but during the pandemic students weren't able to get the one-on-one education that had helped them the year before."



After some brainstorming, Gabrielle and the school principal decided to make math videos to support the sixth-grade curriculum.

"The videos weren't a replacement - they were a kid-friendly supplement to classroom learning ... to make the lessons fun," Gabrielle says, adding that she used animation, storyboards, and other tools to spice up traditional learning.

This work became her Gold Award project, and Gabrielle quickly organized a team of number-loving friends to help her create the coaching videos, which made all the difference for kids with working parents who didn't necessarily have time to tutor.

Gabrielle isn't done yet.

"What we're trying to do now is convert the videos that we have already into Spanish, so that we can expand our reach to include native Spanish speakers," she says, "as well as [get more] into seventh and eighth-grade skills."

See more girls of courage, confidence, and character stories at girlscouts.org!

GO, GiRL, GO!

STEM Spot: Ice Cream in a Bag





Materials:

- 1/2 cup half and half (cream and milk)
- 1/4 tsp vanilla
- 1 tbsp sugar
- 3 cups ice



- 1/3 cup kosher or rock salt
- Gallon size zip top bag(s)
- Quart size zip top bag(s)
- Sprinkles, chocolate sauce,
 fruit (optional, but really
 "the best part" ingredients!)

Here's what to do:

- 1. Place the ice and salt in a gallon size bag; set aside.
- 2. In a smaller bag mix together half and half, vanilla, and sugar. Make sure to seal bag tightly.
- 3. Place the smaller bag inside the gallon size bag. Shake the bags for about five minutes until your milk is solid. You can use gloves since the bag gets very cold!
- 4. Time to enjoy your yummy homemade ice cream!

Turn it into a science project:

- What happens if you don't use salt? Set up two bags but leave the salt out of one bag.
- What happens if you use a different type of salt? Set up two or more bags and use different types of salt to test!
- What happens if you swap out the milk for heavy cream? Or what happens if you try another type of milk like almond milk? Set up two or more bags and choose different types of milk to test.

How does this work? In order to make ice cream, your ingredients need to get very cold and freeze.

Instead of placing the ingredients in the freezer, you mix together salt and ice to make a solution. Adding salt to the ice lowers the temperature at which water freezes. You will actually notice your ice melting as your ice cream starts to freeze. Shaking the bag allows the warm cream mixture to move around to allow for better freezing.

Source: Little Bins for Little Hands

Craft Craze: Unicorn Succulent Planter

You'll need:

- Mini terracotta pots
- Paint
- Hot glue
- Scissors
- Paint brush
- Small paper or fabric flowers

Here's what to do:

- 1. Paint the terracotta pots white. This will require 2-3 coats of paint. Allow to dry completely.
- 2. Draw a leaf shape onto green cardstock and cut out 2-3 leaves for each pot.
- 3. To make the horn, draw a triangle shape onto gold glitter cardstock and cut out.
- 4. Glue the horn on the inside of the pot right towards the top. Glue the leaves and paper or fabric flowers onto the top front of the pot.
- 5. Use a pencil to draw eyes on to the pot. Then use black paint pen or marker to trace over the pencil.
- 6. Dip your fingertip into pale pink paint and give the pot rosy cheeks, if you'd like.
- 7. Fill the terracotta pot with soil and then plant your succulents inside. If using fake plants, fill with stones or sand and arrange fake plant inside pot.

Source: <u>Red Ted Art</u>

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- Green & gold glitter
- cardstock
- Black paint or permanent marker
- Succulent plants and soil (or fake plants and stones/sand)



Tasty Treats: Samoas Truffles



Ingredients: Samoa Truffles:

- 14 Samoas
 Girl Scout Cookies
 (one box minus one cookie)
- 1/2 cup unsweetened shredded coconut
- 1/3 cup coconut milk cream (the thick cream on the top of a can of coconut milk)
- 3 strips smoked bacon
- 8 ounces semi-sweet or dark chocolate

Makes: one dozen 11/2-inch truffles.

Total Time: 90 minutes (30 minutes hands-on)

Samoas Brownies:

1. Heat a medium skillet over medium heat and add the shredded coconut. Toast, stirring frequently, until golden brown—this will take about five minutes. Coconut can burn quickly and easily, so keep an eye on it. Once toasted, pour the coconut in a bowl to cool and return the pan to the heat and add the bacon.

2. Cook the bacon until browned and crispy. Place the crisped bacon on a paper towel to drain and let cool. Once the bacon is cool to the touch, crumble into small pieces and set aside.

3. While the bacon cooks, add the cookies to the bowl of a food processor and pulse until the cookies are finely chopped. Add the coconut milk and 1/3 cup of the toasted coconut to the bowl and pulse until fully combined.

4. Using a 11/2-inch cookie scoop (or a large melon-baller) portion the truffle filling onto a parchment-lined baking tray and once all the filling has been scooped, refrigerate for at least 30 minutes.

5. Once the truffle filling has firmed-up, remove from the refrigerator and prepare the chocolate. Place the chocolate in a heat-proof bowl and microwave on high in one-minute increments until almost fully melted, and then stir until smooth.

6. To coat the truffles, take one ball and roll lightly between your palms to smooth any rough edges, then place in the chocolate and quickly roll to coat with a small fork. Using the fork or a toothpick, pick up the truffle and briefly let any excess drip back into the bowl, then place on a piece of parchment. Sprinkle with the reserved toasted coconut and place a couple bacon pieces on the top.

7. Repeat the chocolate coating and garnishing for all remaining truffles. You will likely have leftover chocolate, so scrape the remaining chocolate onto an open spot of the parchment you are using and top with the remaining coconut and bacon for a bonus treat (also add crumbled bits of the extra Samoa cookie if it's still available, wink wink).

8. Chill the finished truffles to set and serve as soon as the chocolate has hardened.

Congratulations to Jody (thehobbyroomdiaries) whose Samoa Truffles with dark chocolate, toasted coconut and bacon won third place in the 2013 Girl Scouts of Western Washington cookie recipe contest.

Just For Fun: G.I.R.L. Quiz

Are you a **go-getter**, **innovator**, **risk-taker**, or **leader**? Find out what kind of **G.I.R.L**. you are with this fun quiz!

1 On vacation, you typically want to:

- A) See all the really famous sights in the tour book, even if you're tired!
- B) Research what interests you and plan your own itinerary.
- C) Forget planning—let every day be its own adventure!
- D) Show friends or family around places you love but they haven't seen before.

2 At school or work, you've struggled with:

- A) Turning in assignments when time's up. You want everything to be perfect!
- B) Daydreaming. Sometimes you just get caught up in your own thoughts.
- C) Remembering to read the directions. You usually want to just dive right in!
- D) Talking too much, even if it's about the assignment you're working on!

3 Your favorite video games:

- A) Challenge you! You want to work for that high score.
- B) Feature cool new technology you can test out and play with.
- C) Let you switch up scenes and characters as much as you want.
- D) Are the ones you can play with other people as a team.

4 As far as books go, you love:

- A) Nonfiction. Who needs fiction when there's so much in real life to learn about?
- B) Sci-fi or fantasy. Books that aren't like everyday life help you see things differently.
- C) Mysteries and thrillers. It's exciting to never know what's going to happen next.
- D) Stories about relationships. Families and friendships are the best things in life!

5 When there's a karaoke machine at a party, you:

- A) Sing the same song every time. You've practiced it, so you can hit every note!
- B) Tend to perform as a "backup dancer." So many ways to bring the fun!
- C) Play "dare-oke" and have your friends pick songs for you that you're scared to sing.
- D) Pick a song that you know another, more reserved girl might want to sing with you.

6 If you worked for NASA, you'd want to:

- A) Start a program to get even more girls and women involved in space exploration.
- B) Invent new, faster methods of space travel and ways to gather data.
- C) Go out in space! How cool would it be to see Earth from the moon?
- D) Run the Mission Control Center, which handles any problems a space mission might encounter.

7 For Halloween, you:

- A) Spend weeks thinking of and shopping for a perfect costume. Your look will be on point!
- B) Make your own costume. It'll be just how you want it and you'll save money to boot.
- C) Dress as your favorite, but not that famous, character. Who cares if anyone else "gets it"?
- D) Coordinate a group costume with your friends so that everyone's in on the fun.

8 Your room is decorated with:

- A) Posters of your idols—all the athletes, artists, and others who've achieved your dreams.
- B) Lots of artsy stuff. Collages, paintings, and even images of space are inspiring to you.
- C) Different stuff all the time! You'll put things up, only to get into new things and redecorate.
- D) Pics of you and your girl squad. You and your friends are inseparable.

9 When it comes to exercise, you:

- A) Stick to the same sport—you're just about to perfect that jump shot!
- B) Make up a twist on whatever sport you're playing. New rules keep things fun!
- C) Are always trying something new. Switching things up keeps it interesting.
- D) Love cheering on your friends when they beat their own best time or high score.

If You Answered...

Mostly A's: You're a go-getter! You've got a vision of how you want your life to look and you keep going for it, even when the going gets tough. Your can-do mentality and ambition will take you far!

Mostly B's: You're an innovator! You're an original, independent thinker. With your love of learning and natural curiosity, you're a wonder at solving problems in creative new ways.

Mostly C's: You're a risk-taker! You've got an open mind and love the thrill of trying new things. Your embrace of adventure will open doors for others who might not be as bold.

Mostly D's: You're a leader! You're an advocate for all and are always cheering on the group. Through empathy, team building, and humility, you empower those around you to be their best.