



Summer
2025

The Manitou GIRL



In this issue...

Girl Scouts Love the Outdoors Challenge ... 2, 3

Girl Scout Tree Promise ... 4

Summer Camp ... 4

Highest Award Celebration ... 4

Troop Takeover ... 5

Amber's Gold Award ... 6, 7

Girl Scout Pride & Go Getters ... 8

Raising Awesome Girls ... 8-10

A Worldwide Sisterhood ... 10-12

STEM Spot ... 13

Craft Craze ... 14

Tasty Treats ... 15

Just for Fun ... 16

On the cover...

These girls attended a Camp Evelyn session called "Wisconsin Voyagers"! They got to explore so many places in Wisconsin and even got to hike at Devil's Lake. Look at them enjoying the view!

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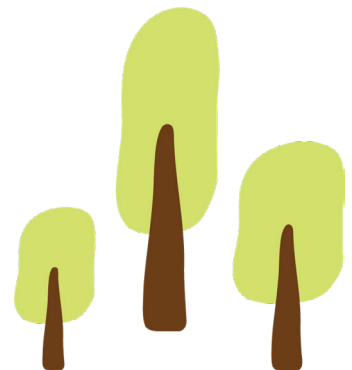
Just for Girl Scouts!

In this section, you'll get to hear about all the new and exciting things in Girl Scouting, explore incredible opportunities, and find fun events made just for you.

Girl Scouts Love The Outdoors Challenge

Why go outside? Outside is a place to think outside the box, get outside our comfort zones, and look outside known possibilities! That's why we're encouraging everyone to get out there and enjoy the wonder of the outdoors! Did you know there's actually more to the outdoors than national parks and overnight camping trips? The outdoors are accessible right outside your own front door! Whether you spend five minutes meditating in nature, writing a poem about a tree, or jumping in five puddles, the outdoors are a great place for people, not just plants, to grow!

Girls of all ages experience outside benefits like improved mental health, better attention span, and heightened confidence! Check out our free, all-ages activity page, venture outside, and unlock a new patch, because the world is a better place when you *Put Yourself Out There*.





Girl Scouts Love the Outdoors Challenge 2025

Celebrate summer! Earn the Girl Scouts Love the Outdoors Challenge patch by finding new ways to discover the great outdoors. You don't need to travel far—you can complete activities in your neighborhood, at a park, or by using your imagination. The challenge begins on June 1 and ends with the [Girl Scouts Love State Parks](#) weekend on September 13 and 14, 2025 (dates vary at some councils—check with yours). Use #gsoutdoors on social media to share your adventures with family and friends.

Complete at least 25 activities from the list below to earn your patch. You decide what you want to try—go for anything on the list that seems like fun!

- | | | |
|---|---|---|
| 1. Attend Girl Scouts Love State Parks on September 13 and/or 14 | 21. Visit a local statue or monument | 41. Get moving with outdoor yoga, soccer, or any sport outdoors |
| 2. Draw a map for a scavenger hunt in a backyard or park | 22. Build a sand sculpture | 42. Find out how you could help save an endangered plant or animal in your area |
| 3. Make a recipe using a fresh in-season fruit or vegetable  | 23. Make a leaf rubbing | 43. Write a story or poem starring the clouds, Sun, and Moon  |
| 4. Paint, draw, or sculpt the clouds | 24. Help a neighbor care for their lawn, garden, or other outdoor space | 44. Play pickleball |
| 5. Find (but don't touch) four living things at the beach | 25. Host or attend a clean-up at your local beach or park | 45. Take turns making animal noises with friends |
| 6. Practice tying two different types of knots outdoors | 26. Set up an indoor "campsite" with sleeping bags or blankets | 46. Make s'mores while singing your favorite Girl Scout songs |
| 7. Visit a local farmers market | 27. Read a book—or take a nap—in a hammock | 47. Paint a landscape of a backyard, a park, or any outdoor place you imagine  |
| 8. Get muddy on a rainy day | 28. Learn about climate change or take on the Girl Scout Climate Challenge | 48. Play a classic outdoor game such as Red Light, Green Light or tag |
| 9. Search for bugs in a backyard or at a playground and draw the ones you see | 29. Track the weather for five days and compare it to previous years | 49. Meet with or join a local environmental group to help the planet |
| 10. Make a photo album of your favorite outdoor memories | 30. Create a playlist of songs inspired by nature  | 50. Attend or host an outdoor movie night |
| 11. Learn about the connections between nature and the Indigenous people in your area | 31. Make a mud pie or sand pie | |
| 12. Plan a screen-free outdoor day or camping trip with friends or family | 32. Help with park beautification or improvement projects | |
| 13. Learn to identify three different types of birds and their calls | 33. Draw, paint, or take pictures of the Moon for a week | |
| 14. Attend an outdoor event related to a cause that's important to you | 34. Try citizen science with a project for Girl Scouts on SciStarter | |
| 15. Interview a park ranger about their work | 35. Design an indoor or outdoor garden | |
| 16. Plant, protect, or honor a tree with friends or family as part of the Girl Scout Tree Promise  | 36. Make a collage about an environmental issue you care about  | |
| 17. Talk to an adult about what they liked to do outdoors as a kid | 37. Show a friend or family member how to read a compass | |
| 18. Go berry picking at a local farm | 38. Learn about and remove or prevent invasive species in your area | |
| 19. On a clear night, identify three different constellations | 39. Find an artist whose work is inspired by nature and pick five favorites | |
| 20. Team up with a friend or family member and dance around your block or neighborhood | 40. Teach the seven principles of Leave No Trace to a younger Girl Scout | |

Completed your 25 activities?
Get the patch!



Stop in our Petals to Patches shop at the Girl Scout Center to purchase this patch when completed!

Girl Scout Tree Promise



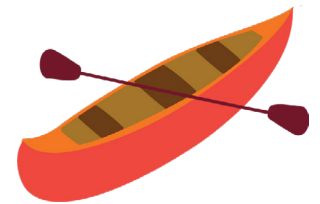
All over the world in parks and forests, climate change is damaging the ability of forests to grow back on their own. In cities, trees help cool communities, reducing the heat island effect created by buildings, machines, and pavement that hold heat. Tree planting provides habitat for wildlife, creates shade on hot summer days, cleans water, and removes asthma-causing air pollution.

Girl Scouts have pledged to take five million actions to address climate change by planting, protecting, and honoring trees to support wildlife conservation and ease the negative effects of climate change. In partnership with the Elliott Wildlife Values Project, American Forests, and The Arbor Day Foundation, Girl Scouts are working hard to plant trees in all 50 states and globally but we must keep going!

You can download the FREE activity [here!](#)

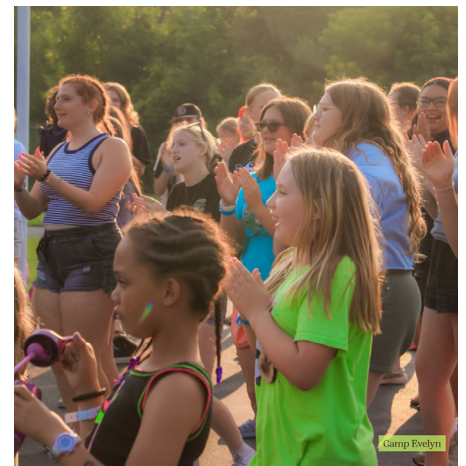
There's Still Time for Summer Camp

There are leaves to rustle through, water to plunge into and trails to explore. There are campfire stories that make you laugh and shiver, like the night air causing you to snuggle deeper into the warmth of your sleeping bag...drifting off to dream of the fun you'll have tomorrow.



You can bring a buddy or come on your own, but in no time you will know all the girls in your camping unit just like your friends back home. That is just the “nature” of summer camp! Friends made summer after summer often become your friends for life. You might even come to camp with your whole troop!

There is still time to register for camp! Registration closes the Wednesday before the session start date. For more information and to register, visit our [website](#). Happy camping, Girl Scouts.





Troop Takeover

Who is ready to take over Girl Scouts of Manitou Council's Instagram? You'll get to post to our stories and feed with your awesome Girl Scout activities and adventures! We can't wait to see your troop in ACTION! If you have any questions, please email: cassie@gsmanitou.org.

More information:

Is your troop doing something UNIQUE, going on an amazing TRAVEL adventure, or having an epic CEREMONY? All these things are the perfect opportunity to give our followers (parents, other Girl Scouts, volunteers, and supporters) an inside look at what Girl Scouting is all about!

Troop takeovers are available to an entire troop or individual Girl Scouts age 13 and over. This is meant to be girl-led and an exciting opportunity for our older girls, not their leaders.

To request a troop takeover, please fill out our interest form at bit.ly/TroopTakeovers.

You will receive your takeover login information, tips & tricks, and FAQ after your request is reviewed and approved.



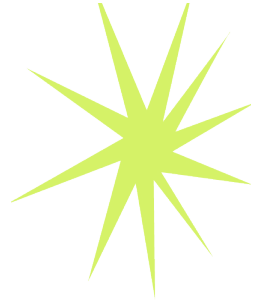
Check out these girls!

In this section, you'll get to hear and see stories from some pretty inspiring local Girl Scouts who are bridging to the next level, earning Highest Awards, going on trips, and more.

Gold Award Girl Scout Amber's Story



Girl Scout Amber, from Manitowoc, earned her Gold Award! The Girl Scout Gold Award is the highest achievement a Girl Scout can earn. Amber, a high school student passionate about business, realized how important getting real-world business experience was in a high school setting, but was a three-sport athlete at the same time.



Amber decided Roncalli High School needed to make job experience accessible for their students during the school day. Amber sought to develop a new business internship at Roncalli that would be available for years after that other highly-involved students like herself could benefit from. This way, future students with busy schedules like her would be able to juggle both classroom knowledge and real-world experience.

Amber explained, "Teen schedules are so busy these days that it is hard to balance sports, homework, extracurriculars, and a job all-together, so finding an opportunity to get a job-setting experience without leaving school was a way to solve a national and/or global issue."

Amber had to design the internship and present it to school teachers and board members before getting approval to create the internship.

Amber participated in the internship herself and reported that it taught flexibility, critical thinking, collaboration, and other important skills related to future success in the workplace.



After designing the internship and experiencing it first-hand, she was able to talk about the importance of the internship opportunity to the business department, school teachers, and board members to secure approval to continue this internship for years to come.



Amber also promoted this internship opportunity to younger students. To interested juniors at her high school, she showed them a presentation highlighting the importance of hands-on practical skills, and encouraged them to apply to the internship and other similar opportunities their senior year.



This internship was a positive situation for all involved because the business employees were happy to have help with their invoices and future business seniors will have an internship available to them in the coming years.

“I learned excellent time management skills to review the daily tasks that needed to be completed”

Amber

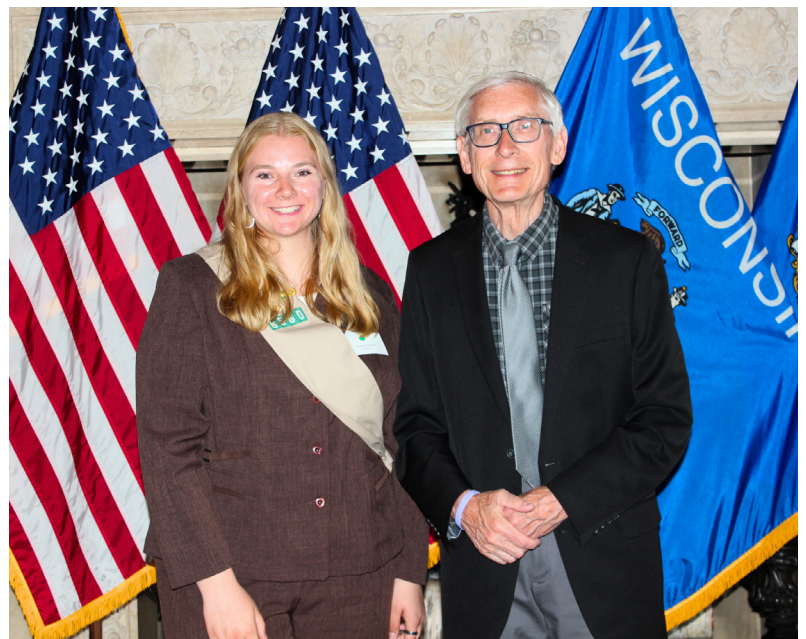
Amber was celebrated at a Gold Award Celebration event at the capitol where she got to meet Governor Tony Evers and discuss her project with him. She and many other Gold Award Girl Scouts were congratulated for their accomplishments and recognized for their hard work.

Amber was recently awarded a \$5,000 national scholarship from Girl Scouts for her Gold Award.

“Amber and her project are the perfect embodiment of Girl Scout values. We at Manitou Council are delighted to nominate her for the \$5,000 scholarship from Girl Scouts of the USA,” said Denise Schemenauer, CEO of Girl Scouts of Manitou Council.



Girl Scouts think towards the future, their own and others', and want a better future for everyone. With the Girl Scout Gold Award, many girls are able to take a topic they're passionate about, a concern they see that isn't being handled, and they are able to dive into the topic themselves and address that concern. With this project, Amber better prepared herself for her future career while also paving the way for many other students with the same career goals. Amber and other students at Roncalli who work this internship will be that much more ready when they step into the business world.



“My Gold Award project taught me skills like confidence, adaptability, and the importance of always being there to help others. I am forever grateful that this scholarship will help me get one step closer to my dream of helping others through the work that I do.”

Amber

Girl Scout Pride

Troops 8081, 8242, and 8489 got to share their Girl Scouts love by spreading the word of our council! These girls had the best time walking in the Two Rivers Memorial Day parade!



Go-Getter

Time to spotlight two Girl Scouts who went above and beyond! These two sister Girl Scouts visited Badlands National Park in South Dakota as part of their family's summer vacation. In true Girl Scout fashion, these girls got right to work! These girls worked with the park rangers and National Park Service to earn their Girl Scout Ranger patches! Great job Girl Scouts!



Raising Awesome Girls

Raising girls to be happy, healthy, and successful is simpler than ever with help from Girl Scouts. We're proud to stand with parents as they raise up the next generation of girls and young women. We've got everything you need to raise girls with confidence.

Every Girl's Ultimate Summer Bucket List

It's finally here—weeks upon weeks of gorgeous weather, lazier mornings, maybe a part-time job, pool parties, and ideally, buckets of free time. Summer is a magical time of year, and it would be an absolute waste to just sleep through it, so we've put together the ultimate summer bucket list that will make these warm weather months even more memorable (and give every girl something incredible to tell her friends about when she goes back to class in the fall).

All of these summer ideas work for both independent older girls, who can take on most challenges on their own—and for younger girls who can try their hand at these activities with the help of a parent or other caring adult.

Ready for your best summer yet? Let's go!

Create Something Beautiful

Take your Instagram to the next level with some artsy shots, create a cool collage from your favorite magazines, or even try your hand at painting. The way you see the world is unique and cool, so share that vision with the world



Do Something Scary

Test your skills on a ropes course, audition for a play, or try learning a cool skateboarding trick. There's no need to be perfect—or even good—at whatever it is, the point is to just put yourself out there, try something new, and walk away with a cool story to tell your friends.

Take a Hike

Whether you've got a rustic trail nearby or are in the middle of the concrete jungle, lace up your sneakers and check out all the snap-worthy sights. Bonus points? Pack a lunch and find a bench or shady park to have a mini-picnic.

Explore the Farmer's Market

Check out your local farmer's market with a friend and pick out a fruit or vegetable you've never tried before. Don't like it?

There's no need to have it again. Love it? As foodies would say, you've just widened your palate. Basically, the world is delicious.

Get out there and take a bite!

Be a Hero

Standing up for something you believe in helps change the world and feels awesome too! Learn about organizations that support the causes you believe in, and speak up for the issues that matter to you. This is your world, and you can change it.

Sleep Under the Stars

No campground or plans to go camping on the horizon? Set up a tent in your own back yard.

No back yard? Cut out paper stars and hang them from your living room ceiling with string and tape, then invite your crew over for an indoor campout. And don't forget the s'mores—they're delish whether they're made over a roaring campfire or in the microwave!

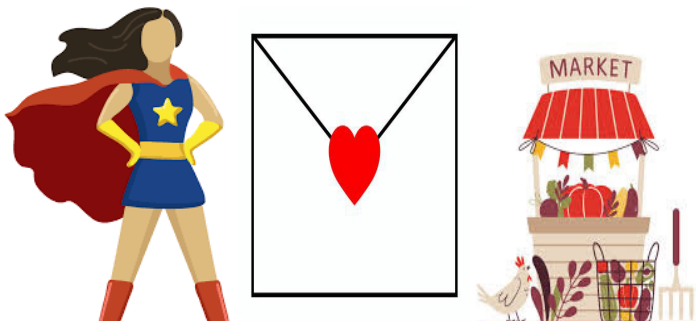
Get Lost in a Book

You always hear that the book is better than the movie, and nine times out of ten that's true—but when school's in and there's so much assigned reading, it's hard to find time to read anything else! Not sure where to start?

Head to your local library. The staff there know all the latest and coolest in young adult titles as well as children's books. Tell them what kinds of things you typically like, and they'll deliver some solid suggestions.

Make a Splash

Head to the beach, the lake, or the local pool to show off your backstroke, or even just dash out to the front yard or the driveway for an impromptu water balloon fight. On a hot day, there's not much that feels better or that's more fun.



Send an Old-School Letter

Get yourself some cute stationery (or make your own) and write a letter to one of your besties or a relative you don't get to see too often—then think of how psyched they'll be to find your note in among the junk mail.

Check Out Some Live Music

You don't have to have tickets to that sold-out stadium show to hear some awesome music this summer. Chances are, your town or one nearby will feature live bands during community barbeques, fireworks, and other local events. So head out, discover some cool new music, and maybe even get inspired to start your own band while you're at it.

Get Cooking

Learn how to make one delicious meal—something that you love and that will totally impress your family and friends. Ask a relative to teach you their favorite recipe, hunt through cool cookbooks at the library, or just do a quick online search for simple and yummy ideas. Throw a bright table cloth on a picnic table at the park and dig in. Top Chef's got nothing on you.

Keep a Journal

You'll want to remember all the epic fun you'll have this summer! Jot down memories, funny moments, random thoughts, and exciting adventures in a journal each night. There's something really special about a journal that's just for you that you can cherish forever. Not so into handwriting things? Make a video or audio journal instead, or think about creating a visual scrapbook and fill it with ticket stubs and other mini-souvenirs of your summer.

Get more Raising Awesome Girl advice at www.girlscouts.org!

A Worldwide Sisterhood

In this section, you'll hear from some pretty incredible Girl Scout graduates and discover their awesome experiences with Girl Scouts. You'll see all their fun memories, hear some advice, and even get ideas and inspiration for your own future.

Graduating Girl Scouts

On behalf of Girl Scouts of the USA and Girl Scouts of Manitou Council, we want to congratulate our graduating Ambassadors and the Class of 2025! These girls have accomplished so many things, not only for themselves, but for their communities as well.

Let's take a look at the Manitou Council's graduating class! In total, we have 21 graduating Girl Scouts for 2025!

These 21 Girl Scouts are from all over our Manitou Council! Our graduating class is from...

- Kiel High School - 5
- Lincoln High School (Manitowoc) - 7
- McKinley Academy (Manitowoc) - 1
- Reedsville High School - 1
- Two Rivers High School - 5
- South High School (Sheboygan) - 2

We have...

- 4 girls that have been Girl Scouts for ALL 13 years!

On average, girls have been Girl Scouts for 8 years total! That is a lot of dedication to the Girl Scout organization, so once again, THANK YOU!



Earlier this summer, we heard from some of our graduating Ambassadors about their future plans and their years as Girl Scouts! Let's hear from two of these Girl Scouts, Cova and Chloe!

Meet Cova!

Cova has been a Girl Scout since she was 5 years old (that's 13 years)!

Cova has learned many lessons from Girl Scouts, but told us that the biggest lesson she learned was:

“Take pride in all the work you’ve done. Whether it’s big or small, every action you take is important to yourself and others around you. Appreciate that!”

She plans to use these lessons in her future! After graduating, she plans to attend the University of Wisconsin-Milwaukee to study Social Work, and hopes to become a social worker with Child Protective Services after college.

Cova told us that being a Girl Scout has taught her leadership and collaboration skills. Cova said,

"I will take what I've learned as a Girl Scout and apply it to my future with my leadership and collaboration skills. A lot of my career requirements (and college life) requires me to take the leap of faith and lead others around me to success, and I'm ready to do so!"



During her time as a Girl Scout, her favorite memory was her troop's bridging ceremony from Brownie to Junior because they got to have a bridge-themed cake and they got a little messy!

Speaking of fun treats, Cova's favorite Girl Scout Cookie is Samoas!



Meet Chloe!

Like Cova, Chloe has also been a Girl Scout for 13 years!

The biggest lesson Chloe learned from being a Girl Scout is how to respect and include everyone. What a great lesson to learn and use in your future endeavors!

Speaking of future endeavors, Chloe has some BIG plans ahead! After graduating, Chloe plans to attend Lakeshore College to study health science to pursue her dream of being a Registered Nurse! Chloe told us she will always use what she learned from Girl Scouts in her future. She says,

“From early on, our leaders made us learn the Girl Scout Law. I have taken what I’ve learned from there and apply it to my everyday life. Respect, compassion, being friendly, and helpful.”

We are so proud of Chloe for all that she has accomplished and what she will continue to do in the future!

Chloe has been a Girl Scout for a long time and has created so many fun memories. Her favorite memories come from attending camp and zip lining!

Chloe also loves our Girl Scout Cookies! When asked what her top cookie was, it was a tie between Thin Mints and S'mores!



Once again, we want to congratulate EVERY Girl Scout that has graduated this year! We are so proud of all that you have accomplished and know that all our Girl Scouts have a bright future ahead! Thank you to the parents, volunteers, guardians, and friends that have been with them since the beginning!

You can read more of our Worldwide Sisterhood stories at www.gsmanitou.org!

STEM SPOT: Create Your Own Kinetic Sand

Source: [Science Buddies](#)

What will happen?

Kinetic or Magic Sand is easy to find in stores, and fun to play with at home!

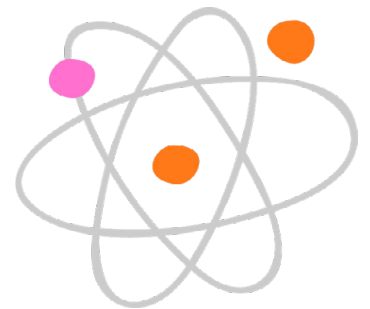
Did you ever wonder what's magical about magic sand? You shouldn't be surprised to hear that the magic is actually science! Kinetic or Magic sand is actually just regular sand, with one important ingredient added – silicone oil. Silicone is a term used to refer to a group of materials that contain the elements silicon and oxygen. Silicones are polymers, or molecules made up of long chains of repeated units. In this activity you'll be exploring the power of polymers by creating and experimenting with your own kinetic dough!

Instructions:

1. Measure 1 cup of flour into each bowl. Set them side by side so you can make comparisons as you work.
2. If using food coloring, add a few drops to your cooking oil and mix.
3. Slowly add 1 tablespoon of cooking oil to one bowl of flour. Use your fork to mix the oil into the flour, until the oil is no longer visible and there are no big clumps of flour.
4. Again, slowly add a 2nd tablespoon of cooking oil to the same bowl of flour. Use your fork to mix the oil into the flour, until the oil is no longer visible and there are no big clumps of flour. Use your fingers to blend the flour and oil together.
5. If the flour does not hold a shape when squeezed, slowly add a tablespoon of oil, mix and test your flour again. If it still doesn't hold a shape, add the remaining oil. Don't add too much oil! The dough should be dry to the touch. Once the flour is able to hold a shape when squeezed, you have your kinetic dough!
6. Put your hands in the oil-free flour. Try to mold a shape in the flour by squeezing the it in your fist.
7. Rinse your hands with water and dry them thoroughly. Repeat step 6 with the kinetic dough.

What you will need:

- 2 cups flour
- 2-3 tablespoons cooking oil
- 2 bowls
- A fork
- Oil or gel-based food coloring (optional)



Get Crafty: Colored Sand Art Bottles!

What you will need:

- Sand
- Liquid watercolor or food coloring
- Ziploc gallon baggies
- Trays for drying
- Tupperware for holding the dried sand
- Recycled bottles or jars
- Funnels
- Large spoons
- Shells
- Hot glue gun
- Gold paint (optional)



Instructions:

1. Collect your sand. Fill one ziploc bag per color.
2. Pour some color into the bag and mix it around so all the sand is the same color.
3. Next, pour the sand onto trays to dry in the sun. Drying takes about 1 full day. Remember to go out and mix the sand around occasionally. If you are in a non-sunny place, the sand will dry inside, it just might take longer.
4. Once the sand is dry, put each color into separate containers.
5. Take the large spoon and scoop one color.
6. Funnel the colored sand into your recycled bottle or jar.
7. Repeat steps 5 and 6 until bottle or jar is filled to the top.
8. When you reach the top, take out the funnel. It's important to have as little air as possible between the sand and the lid, so the sand doesn't get mixed up over time.
9. Tighten the lid to your bottle or jar.
10. (Optional) Hot-glue and paint shells on the lids!

Source : [Artbar](#)

Tasty Treats: Brownie Cones!



Ingredients:

- 1 (19.8 ounce) package brownie mix
- ½ cup vegetable oil
- ¼ cup water
- 2 eggs

Source: [All Recipes](#)



INSTRUCTIONS

Step 1:

Preheat oven to 350 degrees F (175 degrees C).

Step 2:

Place brownie mix, vegetable oil, water, and eggs in a bowl; stir 50 strokes with a spoon.

Step 3:

Spoon the brownie batter into ice cream cones, filling them about 3/4 full.

Step 4:

Place cones on an ungreased baking sheet.

Step 4:

Bake in the preheated oven until a toothpick inserted into the middle of a brownie center comes out clean, about 20 minutes.

Just For Fun!

Summer Word Search

D N G X S P R K D N X D A A T
D Q A G I V O F T N A D V M T
C S P C S P U U H W L V C S U
K W N R Z S T Y W F E L U M T
P I K N H K H Z W M R G P X S
C M L O X Z M O S B U K A S W
C S H L W C L K T A P N D Z I
A U J E N M R N H O A W C T M
M I U M E O H C O C W T P A F
P T L R W J I L E V A R T D K
C Y Y E V B U T S A M V M J D
P C R T V J E N A M Q P O I G
G I Z A T Y W A E C G F C Q R
F B U W Y L M Z C N A I O Y N
K R P P Q V O J B H C V Y O X

AUGUST
BEACH
CAMP
FIREWORKS
HOT

JULY
JUNE
PICNIC
POOL
RELAX

SWIM
SWIMSUIT
TRAVEL
VACATION
WATERMELON

