



Spring  
2026

# The Manitou GIRL



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## On the cover...

Girl Scouts from Junior Troop 8137 experiment with 3D printing pens at Mead Public Library as part of their *Create & Innovate* Maker badge!

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## Just for Girl Scouts!

In this section, you'll get to hear about all the new and exciting things in Girl Scouting, explore incredible opportunities, and find fun events made just for you.

## It's Summer Camp Time!

Camp is going to be a great place of adventure this summer! Registration is open and many of you are probably already signed up for a week or two. You're going to love getting outside this summer. No matter what you are interested in, we have something fun for you. You'll make new friends and so many memories. And remember, ALL GIRLS are welcome at camp, so invite your best friend even if she isn't a Girl Scout. This summer's themes include:

- **A Classic Camp Sampler: A 3-Night Adventure** | 3-night June 7-10 | For girls entering grades 1-6
- **Camp of a Showgirl** | 5-night: June 14-19 or 3-night: June 14-17 | For girls entering grades 1-12
- **Choose Your Own Adventure** | 5-night: June 14-19 or 3-night: June 14-17 | For girls entering grades 6-12
- **Retro Rewind: Camp Y2K** | 5-night: June 21-26 or 3-night: June 21-24 | For girls entering grades 1-12

- **Horsing Around** | 5-night: June 21-26 | For girls entering grades 6-12
- **Camp Pet Paradise** | 3-night: June 28 - July 1 | For girls entering grades 1-8
- **School's Out, Camp's In: Your Ultimate Summer Escape** | 3-night: June 28 - July 1 | For girls entering grades 6-12
- **K-pop Academy** | 5-night: July 5-10 or 3-night: July 5-8 | For girls entering grades 1-8
- **Camp Evelyn Adventure Seekers** | 5-night: July 5-10 | For girls entering grades 6-12
- **Water Wonderland** | 5-night: July 12-17 or 3-night: July 12-15 | For girls entering grades 1-8
- **Aqua Adventures** | 5-night: July 12-17 | For girls entering grades 6-12
- **Camp Harriet Potter: A Magical Adventure** | 5-night: July 19-24 or 3-night: July 19-22 | For girls entering grades 1-6
- **Camp Harriet Potter: The Advanced Withcraft Academy** | 5-night: July 19-24 or 3-night: July 19-22 | For girls entering grades 6-12
- **Under the Sea: Mermaid Magic** | 3-night: July 26-29 | For girls entering grades 1-6
- **Wicked Adventure & Discovery Camp** | 5-night: August 2-7 or 3-night: August 2-5 | For girls entering grades 1-12
- **Ultimate Summer Send Off** | 3-night: August 9-12 | For girls entering grades 1-12
- **Leadership Lab** | 5-night: August 2-7 | For girls entering grades 6-8
- **Counselor-in-Training 2** | July 19-31 | For girls entering grades 9-12 who completed CIT 1
- **Moms, Pops, and Pals** | August 1-2 | For girls entering grades K-12 & adults
- **Mermaid Academy** | Day camp: June 8 or July 30 | For girls entering grades K-6
- **Water Wonderland** | Day camp: June 9 or July 16 | For girls entering grades K-6
- **Slime Spectacular** | Day camp: June 10 | For girls entering grades K-6
- **Experimenting with Fun: A Lilo & Stitch Summer** | Day camp: June 11 | For girls entering grades K-6
- **Fairytale Adventures** | Day camp: June 12 | For girls entering grades K-6
- **Camp of a Showgirl** | Day camp: June 18 | For girls entering grades K-6
- **Retro Rewind: Camp Y2K** | Day camp: June 25 | For girls entering grades K-6
- **K-pop Academy** | Day camp: July 9 | For girls entering grades K-6
- **Camp Harriet Potter** | Day camp: July 23 | For girls entering grades K-6
- **Wicked Adventure & Discovery** | Day camp: August 6 | For girls entering grades K-6
- **Ultimate Summer Send Off** | Day camp: August 13 | For girls entering grades K-6
- **Camp Pet Paradise at Camp Manitou** | Day camp: June 29 | For girls entering grades K-6
- **Artist's Academy at Camp Manitou** | Day camp: June 30 | For girls entering grades K-6
- **Camp Harriet Potter at Camp Manitou** | Day camp: July 1 | For girls entering grades K-6
- **Mermaid Academy at Camp Manitou** | Day camp: August 3 | For girls entering grades K-6
- **Fairytale Adventures at Camp Manitou** | Day camp: August 4 | For girls entering grades K-6
- **Experimenting with Fun: A Lilo & Stitch Summer at Camp Manitou** | Day camp: August 5 | For girls entering grades K-6
- **Slime Spectacular at Camp Manitou** | Day camp: August 6 | For girls entering grades K-6
- **Unicorn University at Camp Manitou** | Day camp: August 7 | For girls entering grades K-6





Learn more and register at  
[bit.ly/GreatGirlScoutCamp](https://bit.ly/GreatGirlScoutCamp)


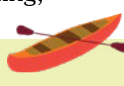




# Girl Scouts Love the Outdoors Challenge 2026

Celebrate summer! Earn the Girl Scouts Love the Outdoors Challenge patch by finding new ways to enjoy the great outdoors—while building your confidence, creativity, and teamwork skills. You don't need to travel far! Complete activities in your neighborhood, at a local park, or at home using your imagination. The challenge begins on June 1 and ends with the [Girl Scouts Love State Parks](#) weekend in September 2026 (dates vary—check with your council). Use #gsoutdoors on social media to share your adventures with family and friends.

**Complete at least 25 activities from the list below to earn your patch.** You decide what you want to try—go for anything on the list that seems like fun!

1. Attend [Girl Scouts Love State Parks](#) in September
2. Draw a map from your home to your favorite outdoor spots
3. Make a recipe using a fresh in-season fruit or vegetable 
4. Watch two sunrises or sunsets and compare the colors you see
5. Find (but don't touch) three different types of insects
6. Paint or draw the view from a window in your home
7. Learn about pollinator gardens and help plant one, if you can
8. Get muddy on a rainy day
9. Search for animals outdoors and draw the ones you see
10. Make a meal with friends or family, then enjoy it outdoors
11. Learn about the connections between nature and the Indigenous people in your area
12. Plan and enjoy a screen-free outdoor day with friends or family
13. Learn to identify three different types of birds and their calls
14. Attend an outdoor event related to a cause that's important to you
15. Build a bat box
16. Plant, protect, or honor a tree with friends or family as part of the [Girl Scout Tree Promise](#) 
17. Talk to a local farmer about their work
18. Find a new way to be active on a rainy day
19. On a clear night, search for shooting stars or identify constellations

20. Team up with a friend or family member and dance around your block or neighborhood
21. Visit local outdoor art and talk about what you see
22. Bury your feet—or a friend's—in the sand
23. Jump rope
24. Help someone care for their lawn, garden, or other outdoor space
25. Take a close-up look at a tide pool
26. Set up an indoor "campsite" with sleeping bags or blankets
27. Draw or paint your favorite outdoor memory 
28. Learn about climate change or take on the [Girl Scout Climate Challenge](#)
29. Listen quietly in nature and count how many different sounds you hear
30. Share your favorite outdoor activity with a friend and talk about why you love it
31. Swing at a playground, in a backyard, or on a tire swing
32. Search for sidewalk cracks and make up stories about the shapes you see
33. Draw, paint, or take pictures of clouds for a week
34. Try citizen science with a project for [Girl Scouts on SciStarter](#)
35. Visit an animal sanctuary
36. Go canoeing, paddleboarding, or kayaking 
37. On a hot day, make your own ice pops
38. Learn about and try laughter yoga

39. Work on a craft outdoors
40. Read a book or sketch on a park bench 
41. Sleep in a tent, cabin, or tree house
42. Get outdoors as you earn a [Body Appreciation badge](#)
43. Write a story or poem starring animals that live in your area
44. Play soccer
45. Take turns making animal noises with friends
46. Make s'mores while singing your favorite Girl Scout songs 
47. Smell three different flowers
48. Play a classic outdoor game such as capture the flag or hopscotch
49. Visit a community pool
50. Attend or host an outdoor performance or movie night

Completed your 25 activities?  
**Get the patch!**



**GIRL SCOUTS**  
**LOVE THE OUTDOORS**

# It's America's 250th Anniversary

On July 4, 2026, it will be 250 years since the Declaration of Independence was signed. Girl Scouts of the USA has partnered with America250.org to recognize the anniversary—and you can earn a commemorative five-patch collection to mark it!

**To earn your patches, you'll need to complete one activity. You can:**



**Take part in an [America250 tentpole program](#).**

You can explore, create, or help others through projects like [America's Field Trip](#) or [America's Stories](#). You might also do community service and add your hours to the national count on [America Gives](#). Keep checking in—more programs will be added throughout the year!



**Join an [America250 event](#).**

Events of all kinds are happening in communities across the country—maybe even your own state! You might try a walking challenge, share a story, or visit a local museum. Visit your state's America250 website to find opportunities near you, then join an event—in person or online—to recognize this milestone.



**Participate in your own way!**

Mark the moment in any way that feels meaningful to you—create an art piece, take part in a [national service project](#), or express your feelings however else you like. As a starting point, you might consider: What historical contributions have people made over the years that feel especially important to you? How can you contribute to shaping the future of the U.S.?

No matter what you choose, **let your family and friends know about it!**

Tell others what you did to recognize the 250th anniversary and how it made you feel.

Sharing your project on social media? Tag **@girlscouts** and your local council.



Visit [girlscouts.org/america250](https://www.girlscouts.org/america250) to find out more.



# Troop Takeover

Who is ready to take over Girl Scouts of Manitou Council's Instagram? You'll get to post to our stories and feed with your awesome Girl Scout activities and adventures! We can't wait to see your troop in ACTION! If you have any questions, please email: [cassie@gsmanitou.org](mailto:cassie@gsmanitou.org).



## More information:

Is your troop doing something UNIQUE, going on an amazing TRAVEL adventure, or having an epic CEREMONY? All these things are the perfect opportunity to give our followers (parents, other Girl Scouts, volunteers, and supporters) an inside look at what Girl Scouting is all about!

Troop takeovers are available to an entire troop or individual Girl Scouts age 13 and older. This is meant to be girl-led and an exciting opportunity for our older girls, not their leaders.

To request a troop takeover, please fill out our interest form at [bit.ly/TroopTakeovers](https://bit.ly/TroopTakeovers).

You will receive your takeover login information, tips & tricks, and FAQ after your request is reviewed and approved.

# Check out these girls!

In this section, you'll get to hear and see stories from some pretty inspiring local Girl Scouts who are bridging to the next level, earning Highest Awards, going on trips, and more.

## Gold Award Girl Scouts

It's time to give a special shout-out and congratulations to those Girl Scouts who recently became Gold Award Girl Scouts! Becoming a Gold Award Girl Scout is no easy feat for Girl Scout Seniors and Ambassadors. They choose an issue they care about and take action to make a lasting impact. Let's hear about recent Manitou Council Gold Award Girl Scouts!

**Trista from Troop 8367 in Elkhart Lake/Glenbeulah** aimed to address the issues she saw related to residents of assisted living facilities suffering from loneliness, depression, and frustration over their loss of freedoms. She knew that seniors could live a rich and fulfilling life with social engagement and through activities that connect them to other residents.

Trista conducted research on this issue and found that it can take 3-6 months, on average, for residents to adjust to the move into an assisted living facility. With the big changes that come with moving to an assisted living facility, there are a lot of feelings that come with it. Trista knew that she could make a difference and make sure that everyone felt included.

To address the issue at hand, Trista was ready to get to work on her Gold Award project. After she reached out to different assisted living homes, Countryside Manor and Gold Harbor Assisted Living facilities in Sheboygan allowed her to start her project with them!

Trista did a variety of activities to make the residents feel more at home with their surroundings. She created placemats and centerpieces for the cafeteria and made calendars with the residents' birthdays for each room. This way, residents were able to see when their friends' birthdays were and spark conversation in the hallways. Additionally, she created sunshine bags, which were filled with games, cards, word searches, and other activities! With the sunshine bags, the residents were able to play games with each other and create friendships. Lastly, she also planted flowers and vegetables on the patios of the rooms. She was able to plant these flowers and vegetables with some of the residents to allow them to pursue their interests and get involved! They even taught her a few tips and tricks on how to properly plant!

Trista's Gold Award project was important because it allowed for people of all ages to be connected and grow friendships. In true Girl Scout fashion, Trista was able to see that individuals were feeling down and she was able to make them feel included. She dedicated more than 90 hours to make this a possibility. Not only did she make others feel more confident, but she also grew her own confidence as well!



Trista's favorite part of her project was seeing the real impact it had on the residents. Her project helped them feel more at home and connected despite restrictions they might have faced. Trista enjoyed structuring solutions that addressed both emotional and logistical challenges, turning an overlooked struggle into something manageable and uplifting. Trista said that the moments when residents genuinely felt heard, supported, and more at ease were especially rewarding.



**Lily from Troop 8367 in Elkhart Lake/Glenbeulah** decided to get creative to earn her Gold Award! Lily noticed that young children oftentimes struggle with getting dropped off at school or daycare. Lily knew that school does not have to be a scary place. It should be a place where kids are excited to go and learn. Lily saw that some daycares in her community could use a makeover, so she took action to make change in her community!

Lily sought to create a better environment and appreciation for art in local childcare centers by repainting rooms and adding more posters that are brightly colored to the childcare centers.

Lily gained confidence with public speaking when she reached out to local daycares to get permission to work with them on her project.

Now that her project was ready to go, it was time to begin planning! She used cookie sale proceeds to fund her project, putting all the years of hard-work and financial skills to use. Once she had the funds in place, she created a budget to purchase supplies such as paint, brushes, primer, and more. Once she had the supplies she needed, it was time to get painting!

Lily drew her own designs that she wanted to create for the classrooms. She projected her drawings on the wall and traced them with paint. She was able to paint multiple designs across the walls of the daycare.

Lily's project taught her how to persevere when times got tough, and she did a great job! Lily dedicated more than 130 hours total to complete this project! Way to go Lily!

# GO, GiRL, GO!



**Peyton from Troop 8367 in Elkhart Lake/Glenbeulah** aimed to provide special education students within elementary schools who struggle with emotional regulation the tools they need to succeed in the classroom. This included tools for focusing, managing emotions, problem solving, and reducing triggers.

Peyton spent hours planning the best way to approach her topic. She ultimately decided on creating boxes to help students with emotional dis-regulation to donate to local schools. Emotional dis-regulation refers to difficulty in managing and responding to emotional experiences in a healthy, balanced way. People with emotional dis-regulation may experience intense emotions that are out of proportion to the situation, have trouble calming down after becoming upset, or struggle to appropriately express their feelings.

This can lead to impulsive behaviors, mood swings, and challenges in relationships and daily functioning.

The boxes would help students by giving them a space in their brains to help focus and calm down. Peyton learned a lot through researching various fidgets and how they help with emotional regulation. Each fidget inside of the boxes has a specific use. The squishy toys help when kids are mad and needed to calm down their nervous system. Sound-based fidgets help when kids are sad. Puzzle fidgets help when kids have trouble focusing and sitting still. And spinners and other toys that use the hands help when kids are distracted and need to stay on task.

Peyton had a goal to increase emotional support, support self-awareness, and improve coping skills while helping to create an inclusive environment. The boxes offered tools to help with moments of stress, anxiety, or emotional dis-regulation. They also promoted self-awareness by helping the students identify their triggers and their own emotional state through sensory tools.

Peyton knew her Gold Award project paid off when she could see the boxes getting used in the classrooms. “Over time, I saw the impact of my project through feedback from teachers. They noticed fewer students needing to leave class due to emotional struggles and more students staying regulated throughout the day,” said Petyon. “Seeing my idea actually help people made all the effort worth it, and it showed me how important emotional support is in school.”

But that wasn’t all Peyton did. She also knew how important it was for students and their peers to understand and respect others more. To help achieve this in relation to her project and focus, Peyton created a pamphlet that shared information and educated on the acceptance of others. The pamphlets helped with educating students and to promote coping strategies for the students using them.

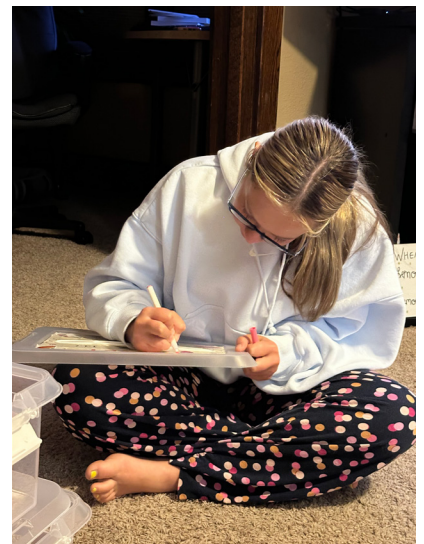
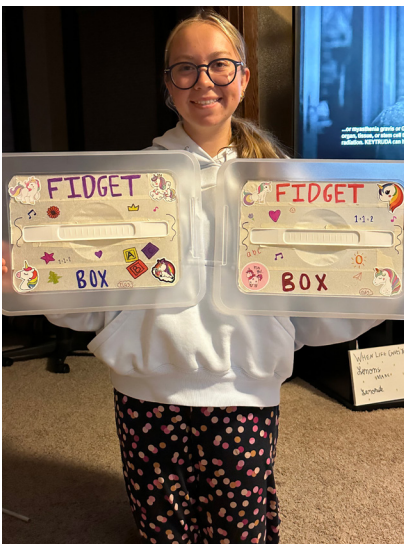
Through Peyton’s project, the students she served gained valuable skills, knowledge, and attitudes that helped them navigate their emotions more effectively. They also developed stronger coping skills, learning how to manage stress, anxiety, and emotional dis-regulation using the tools provided in the fidget boxes. They gained a deeper understanding of their own emotions and triggers, increasing their self-awareness and ability to regulate their feelings.

The foundation that Petyon built allows future students and educators to carry the project forward, making emotional support a lasting priority in the classroom. Peyton’s Gold Award

project will leave a lasting impact on her community for years to come. She dedicated more than 90 hours to turn her ideas into reality. She was able to research, plan, collaborate with others, and build confidence within herself.

“I learned that I have the ability to communicate my ideas effectively and inspire others to support a meaningful cause. This experience showed me how passionate I am about creating an inclusive environment and helping others with their emotional well-being. Most importantly, I realized that I have the power to make a real difference, and that with determination and teamwork, I can turn my ideas into lasting change.”

Throughout the course of her project, Peyton learned a lot. “Through my Gold Award project, I learned a lot about myself, both as a leader and as a problem-solver. I discovered that I am resilient and able to adapt when faced with challenges, finding creative solutions to make my project successful.”



Congratulations Trista,  
Lily, and Peyton!

Check out more Manitou Council  
Highest Award stories [here!](#)

## Girl Scout Pride

**Troops 8399 & 8448** had a special party. Troop 8399 is the oldest troop in their town, and they invited Daisy Troop 8448 for a night of snacks, games, and laughter. They finished the night dancing and celebrating new friendships between the oldest and youngest Girl Scouts in town! We love this special celebration of sisterhood!



## Go-Getter

**Trop 8395** volunteered at their local Community Cafe before Easter, serving lunch and donated Girl Scout Cookies for dessert. They returned later that evening to provide dinner for the warming center, more cookies for dessert, and a donation of two coffee makers to replace broken ones they discovered earlier in the day. You go Girl scouts!



## Raising Awesome Girls

Raising girls to be happy, healthy, and successful is simpler than ever with help from Girl Scouts. We're proud to stand with parents as they raise up the next generation of girls and young women. We've got ideas you need to raise girls with confidence.

## Beyond Screen Time Rules: Creating Healthy Digital Boundaries



Technology moves fast, and as a caregiver, you want to stay on top of creating healthy digital boundaries for your girls. But where do you start, and what do you say? Is it enough to limit screen time or is there more to it? Here are some tips created in partnership with Google's Be Internet Awesome program on how to start the conversation and help her practice good digital habits.

### Create an open dialogue.

It might seem obvious, but the first step to teaching your girl intentional digital boundaries is

starting the conversation. Set aside time to talk about staying safe online, what to share, and how to safeguard valuable information. Discussing and agreeing on guidelines as a family is essential, as well as fostering open communication and understanding.

### **Decide when and how to use your screen time.**

Create a family plan around when, where, and how to use devices. Establish clear rules about what is okay and what is not okay. The plan can include setting screen time limits and screen-free areas in your home. Your family may put their devices in a designated basket or bin during dinner. But note that not all screen time is the same. Decide when certain digital activities are allowed. You can also consider using parental control tools to enforce these rules and manage device usage. Work together to decide what works best for your family.



### **Manage your digital footprints.**

Have a conversation about your family values and how that impacts what she should and should not share. Help her think about different types of information and what it means for posting and interacting with others. Some personal information should never be shared online for safety reasons. Other information may be okay to share, but it's important to talk about the digital footprint sharing any information online can create. Remind her about the longer-term effects of sharing online—content is always online after it's been shared. Talk with her about how it's okay to ask a parent or trusted adult for help.

### **Sign a family pledge.**

After you've had conversations and established a plan for your family, you can commit your agreed-upon digital boundaries by having each family member sign a pledge. This written document is a promise that outlines your family's plan and holds each other accountable.

### **Model good digital practices.**

As a parent, how often you use your devices and what you do online can influence how much screen time your kids clock and how they behave online. They're watching and learning from what you do when you use your phone or social media. You have an influential role, and she's more likely to learn healthy digital boundaries when you model good digital practices. Putting your phone down during conversations to avoid distractions and not using devices during meals can be great examples for your kids while showing them you are engaged and listening.

### **Talk to your girls about how they are feeling.**



The digital world brings opportunities and challenges—for adults and kids. Social cues can be hard to read online, and constant connection can bring anxiety. Make sure to check in often and ask how she's feeling. You can ask what types of activities she likes to do online or if she's seen anything that made her uncomfortable. The internet can be an exciting and positive place, but it can also amplify negativity. Teaching her to interact online with kindness and empathy is essential for building healthy relationships and preventing bullying and other problems.

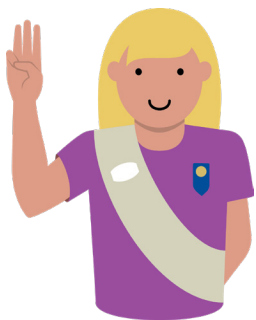
Having conversations about healthy digital boundaries and establishing family guidelines will help your girl make better decisions online. Most importantly, keep an open dialogue and check in on her often so you know she's staying safe and being smart.

**Get more *Raising Awesome Girls* advice at [girlscouts.org](https://www.girlscouts.org)!**

# A Worldwide Sisterhood

In this section, you'll hear from some pretty incredible Girl Scout alums and discover how Girl Scouts changed their lives. You'll see all that you can be and achieve, and maybe even get ideas and inspiration for your own future.

## How Little Free Pantries are Making a Big Difference



When Girl Scout alum Hanna and members of her Girl Scout troop decided to make Little Free Pantries for their Silver Award project, they had no idea just how important the work would become.

Little Free Pantries, which apply the community library concept to food donations, assist neighbors who may be dealing with food insecurity—helping them stock their pantries with dry goods and canned goods.

“The pantries are used by people in the community—whether they are homeless or hit a rough patch and are unable to afford food,” explains Hanna. “They are open to anyone.”

During the days of the pandemic, grocery shopping became a challenge, especially for older and other at-risk Americans who needed to avoid contact with people who may be contagious. The troop's Little Free Pantries delivered in a bigger way than ever. The need for the resource also increased because the pandemic led to an increase in unemployment and the number of families that needed additional help putting meals on the table.

Each week, the troop works to keep four Little Free Pantries stocked—three they built and one built by someone else—supplementing what other people in the community share there.

During the pandemic, the troop decided to ramp up its efforts. “We thought this was a great time to put out a call for donations,” explained Hanna's co-leader, Jessica. “Several families from our troop donated and we also put out a call on Facebook for porch pickups from the community.”



Troop members felt grateful to be able to contribute to an effort that's proving so helpful.

See more powerful Girl Scout stories at [girlscouts.org](https://www.girlscouts.org)!

# GO, GiRL, GO!

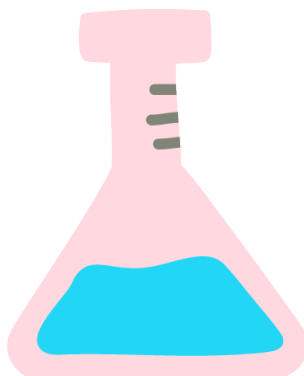
# STEM Spot: DIY Water Filtration System

This water filter science project shows you how filtration removes dirt and particles from water. Using a recycled plastic bottle and simple materials, you'll build a working water filtration system and observe how different layers trap sediment. This hands-on experiment models how environmental engineers clean water!

*Source: Little Bins Little Hands*

## Materials Needed:

- Plastic water or soda bottle
  - Scissors or knife
  - Coffee filters
  - Rubber bands
  - Cotton balls
  - Rice, sand, gravel, or activated charcoal
  - Dirt and debris
  - Tap water
  - Clear jar or cup
- Paper towels
  - Food coloring (optional)



## Follow These Steps:

1. With adult help or supervision, cut the bottom off the plastic bottle. Turn the top upside down and place it into a clear container to create a funnel.
2. Create dirty water by mixing one cup of water with dirt, leaves, or debris. Stir, then allow the particles to settle briefly. Make sure there is more water than sediment.
3. Place a coffee filter inside the bottle neck.
4. Add cotton balls on top of the coffee filter.
5. Add rice, sand, gravel, or charcoal to create additional filtration layers.
6. Secure another coffee filter over the top using a rubber band.
7. Slowly pour dirty water into the filter and observe what happens as it moves through each layer.
8. Collect the filtered water and compare its appearance to the original sample. Try filtering the water multiple times and observe any changes.

## The Science Behind It:

Water filtration is the process of removing solid particles and impurities from water by passing it through materials that trap debris. These materials act as physical barriers that catch dirt, sediment, and other particles while allowing cleaner water to pass through. Filtration separates particles by size. Larger particles are trapped first, while smaller particles are captured by finer materials. Each layer has a different role. Gravel or rice traps larger debris. Cotton slows the water and catches smaller particles. Coffee filters capture fine sediment. Slower filtration often produces cleaner water because particles have more time to be trapped.

Real water treatment plants use multiple filtration stages, including gravel, sand, charcoal, and specialized filters, to remove contaminants and improve water quality. This activity models the physical filtration stage used in real systems.

# Craft Craze: DIY Stained Glass

Stained glass is a colorful way to let your art shine on!

Source: Crayola



## Materials Needed:

- Acrylic paint
- Printed artwork of your choice
- Glue
- Paint brushes
- Watercolor paint
- Craft sticks
- Hot glue gun
- Measuring spoons
- Picture frame(s)
- Squeeze bottle(s)

## Steps:

1. Pour glue into a squeeze bottle.
2. Mix in 1/2 Tbsp black paint to color the glue. Add more paint for a darker color.
3. Have an adult remove the glass and backing from a picture frame. Place glass on top of printed artwork of your choice.
4. With your glue and paint mixture, trace the artwork directly onto the glass. Let dry 2-3 hours.
5. Paint the glass with watercolors. Blend colors to create a stained glass effect. Let dry 1 hour.
6. Have an adult use a hot glue gun around the edges of the frame to secure the glass.
7. Hang or display in a window so the sun shines through your artwork!



# Tasty Treats: Samoas Trail Mix



## Samoas® Trail Mix

Ready in 20 minutes  
Serves 10 (4 ounce bags)

### What you need

#### **Ingredients**

1 box of Samoas®, chopped  
8 ounces dried apples, chopped  
8 ounces raisins  
8 ounces salted roasted peanuts  
8 ounces dried pineapple, chopped

#### **Alternate Ingredients**

Dried mango  
Sunflower seeds  
Cashew nuts

#### **Equipment**

Large mixing bowl  
Zippered bags

### Directions

#### **1. Mix:**

Mix all the ingredients together in a large bowl.

#### **2. Make the servings:**

Spoon into individual sandwich size zippered bags. Tightly seal each bag.

Enjoy at your leisure for a nutritious, energy-packed snack while backpacking, camping or any time.

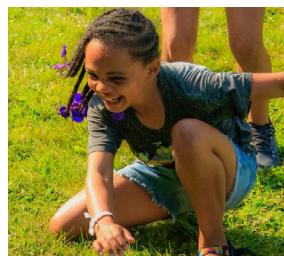
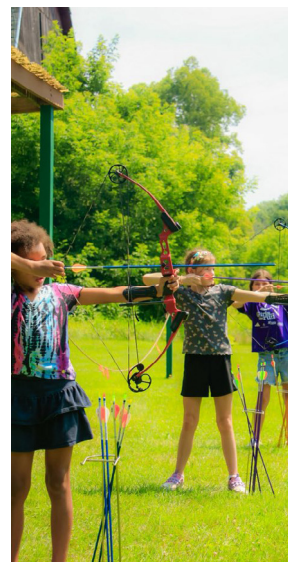
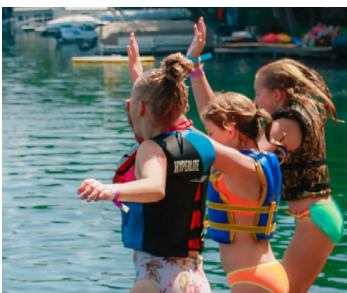


# Just For Fun: Camp Catalog Scavenger Hunt

## SUMMER CAMP CATALOG SCAVENGER HUNT!

Now that you have your camp catalog and have had the chance to look through it and get excited for summer, we've got a fun activity for you! Get out those 2026 camp catalogs and tackle the camp catalog scavenger hunt.

1. How many pictures are there from the front cover to the back cover?
2. How much do most three-night sessions cost?
3. What grade do you need to be in to attend the Camp Pet Paradise session?
4. How many items are included in the Camp Care Package?
5. What is the name of the session where you get to have scuba diving experiences?
6. At what session do you get to bedazzle things, have a lip sync battle, and make your own music video?
7. What are the dates for the session where you get to spend the week at Crystal Lake (Camp Crystal Lake)?
8. How many day camp sessions does Camp Manitou have?
9. At what session will you get to explore the gooey and gloppy world of slime?
10. What is the name of the special session focused on horseback riding?
11. How many total overnight camp sessions are available at Camp Evelyn?
12. What grades can attend day camps?
13. How much does the yearly camp t-shirt cost?
14. What is the name of the special session where you get to bring your favorite adult?
15. What grade do you need to be in to attend Leadership Lab?
16. On what page would you find information about what you should pack for camp?
17. How many benefits are listed on the why camp page?
18. How many spring camp events are there?
19. What are the names of the units you might call home at Camp Manitou?
20. Where do you register for summer camp?



**Answer Key:** 1) 65. 2) \$350. 3) Entering grades 1-8. 4) Seven. 5) Aqua Adventures. 6) Retro Rewind: Camp Y2K. 7) July 26-31. 8) Eight. 9) Slime Spectacular day camp. 10) Horsing Around. 11) 22. 12) Girls entering grades K-6. 13) \$30. 14) Moms, Pops, and Pals. 15) Entering grades 6-8. 16) On page 17. 17) Seven. 18) Four. 19) The Cedars and Pine Troop House. 20) Online at [bit.ly/GreatGirlScoutCamp](http://bit.ly/GreatGirlScoutCamp).